SEVEN TOP TIPS TO REDUCE YOUR WASTE

INSPIRATION FROM ZERO-WASTE EXPERT ERIN RHOADS

TRY SOMETHING NEW THIS VICTORIAN SENIORS FESTIVAL

MELBOURNE.VIC.GOV.AU
I was delighted to welcome Jacinda Adern to Melbourne Town Hall recently and hear her speak about what constitutes good government.

Jacinda is one of the world’s most contemporary leaders, and someone who exemplifies considered and caring leadership. It’s leaders like her who inspire me.

Being Lord Mayor has shown me the depth, complexity and diversity of our city. The love and acceptance in our community has absolutely humbled me.

Our city is growing fast – and the chance to play a part in shaping who we are, what we do and what we want to be known for as a society is something that really excites me.

As a local government, we are the closest level of government to the people. We have so many important challenges, and great opportunities to make a difference.

I believe good government is about our values, the respect we show each other and how we behave as a society.

The economics are important, but our values will equally determine our success.

We need to make the right decisions now to ensure that in 20 years Melbourne is as caring as it is prosperous.

If it’s a good idea – we should deliver it. If people will benefit from it – we should deliver it. Purpose not politics. As a Council, we represent all Melburnians and we are focused on building a great city for people.

The next few months will be a wonderful time in our city, from the excitement of the Victorian Seniors Festival to the dazzling celebrations of our Christmas Festival.

I encourage you to get out and enjoy Melbourne as the weather heats up, and share your adventures with #MelbMoment.

The City of Melbourne respectfully acknowledges the Traditional Owners of the land, the Boon Wurrung and Woiwurrung (Wurundjeri) peoples of the Kulin Nation and pays respect to their Elders, past and present. For the Kulin Nation, Melbourne has always been an important meeting place for events of social, educational, sporting and cultural significance. Today we are proud to say that Melbourne is a significant gathering place for all Aboriginal and Torres Strait Islander peoples.
SOUTHBANK PROJECTS PROGRESS

The Southbank Boulevard project will deliver 2.5 hectares of new open space.

Southbank locals – get ready for new public parks, easier routes for walking and cycling and increased biodiversity on your doorstep by 2021.

Lord Mayor Sally Capp said the first stage of the Southbank Boulevard project is now complete.

The first stage includes Melbourne’s first green tram tracks, a fully accessible super tram stop and bus stops.

The roadway, which includes separated bike lanes, is set to open by Christmas.

‘The new park outside the Melbourne Theatre Company and Melbourne Recital Centre is taking shape and is also due for completion by the end of the year,’ the Lord Mayor said.

‘We will deliver 2200 square metres of new public space outside the ABC. This will include new spaces for events and outdoor broadcasts.

‘We acknowledge this project has taken longer than expected and we’re mindful to try and minimise disruption to residents and workers. We’d like to thank the community for their patience.’

Alongside this work, we recently unveiled plans for Southbank Promenade.

With more than 40,000 pedestrians per day, this is one of our city’s busiest public spaces.

The revitalised promenade will feature wider paths with new bluestone paving, more green space, new trees and lighting upgrades.

Southbank Promenade will continue to be cycle-friendly but faster cyclists will be encouraged to use a new separated bike path along Linlithgow Avenue and Southbank Boulevard.

Construction on Southbank Promenade will start in early 2020.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/cityprojects

DISCOVER MELBOURNE’S WATER STORY

Pause on the banks of our city’s beautiful waterways as the weather warms up, and reflect on the history of the diverse natural environment on which Melbourne was built.

Vast wetlands described as a ‘temperate Kakadu’ and home to numerous plant and animal species once dominated the area between Docklands and the Maribyrnong River.

Other areas of the municipality were characterised by low-lying sand dunes, swamps and higher grasslands and woodlands.

Author David Sornig developed a deep understanding of this historical landscape – and the ways it was forever changed – while writing his book, Blue Lake.

‘Personally, I had very little sense of the historical realities of the wetland: its huge saltwater lagoon, the original meandering course of the Yarra River, and the later shanty town,’ David said.

‘It’s a fact that we now think of as lamentable, but this regret might point to positive changes in the way we understand the relationship between water and land and where we belong between them.’

During a Melbourne Knowledge Week event, David was part of panel that discussed sea level rise, flooding and the future possibilities of Melbourne’s water story.

‘My vision for the future of Greater Melbourne and its relationship to water begins with the principle that development should help foster careful human relationships in communities,’ David said.

‘This relies on recognising that our obligations toward one another are rooted in part in the maintenance of healthy waterways and their ecosystems not only for their utility but for their intrinsic value.’

Our resilience to climate change risks, including drought, heatwaves, flooding and sea level rise, relies on our city’s integrated water management solutions.

Visit us online to find out about Council’s approach to water-sensitive urban design, and stay tuned for more on this topic in future editions of Melbourne magazine.

FOR MORE INFORMATION, VISIT urbanwater.melbourne.vic.gov.au

David Sornig became fascinated by our city’s historical landscape.
LETTER OF THE MONTH

My compliments to the gardening and maintenance staff for the wonderful flower displays outside the Melbourne Town Hall. They add a lot of joyful colour to the environment and are beautifully presented, providing a great deal of pleasure. Many thanks to the staff concerned. Lesley

How do I find healthy and affordable food in the City of Melbourne?

Find community meals, markets and communal gardens and find out how to access food banks and vouchers using our refreshed Community Food Guide. The handy document offers a wealth of information about food access programs, services and resources in the municipality and surrounding suburbs. melbourne.vic.gov.au/communityfoodguide

PHOTO OF THE MONTH

I love photographing Melbourne for its diversity, which brings out its own character. It’s such a unique city to photograph for sunrise and sunsets that you will get a different perspective every time.

I wanted a photograph that encompasses the bygone 1800s era architecture with the modern world we live in now and the best frame for that is Federation Square, looking towards Eureka Tower.

My top tip for making great photos is choose impactful foregrounds, which will create visual flow as you lead your audiences’ eyes into the frame. The best time to photograph Melbourne is during sunrise when hot air balloons fly over the city.

Alexander Martindes @ALEXANDER_MARTINDES

WHY WE’RE A WELCOMING CITY

We’ve joined a network of cities, shires, towns and municipalities that are committed to an inclusive Australia, where all people can develop a sense of belonging and participate in community life. The Welcoming Cities network is part of a growing international movement of more than 135 municipalities in New Zealand, the Americas and Europe.

melbourne.vic.gov.au/multicultural
MAKE A PLAY DATE WITH CHILDREN’S WEEK

Bring your kids for an epic play date at ArtPlay this Children’s Week and reflect on how listening to our youngest residents’ voices can help us create the brightest future for Melbourne.

There are more than 25 events for children happening in the city from 19 to 27 October, including Play Date – a morning of artful play, nature facts from our park rangers, and Aboriginal storytelling.

Running from 10.30am to 12.30pm on Friday 25 October, Play Date is a free event at ArtPlay for families with children aged two to five. No bookings are required. Visit our website to find out more details about this and other Children’s Week activities.

Beyond the great events of Children’s Week, and our year-round services to provide young Melburnians with a great start in life, children play an important part in shaping our future city.

We work to ensure children’s voices are heard as we make plans and policies, and create opportunities for them to participate fully in the creation of the city they will inherit.

At our recent Children’s Forum, children aged 6 to 12 told us they love our city’s parks, food, animals and people, but worry about climate change and the environment, poverty, homelessness and safety.

The children told us they want to provide practical help for people who are homeless and would improve Melbourne by reducing traffic, planting more trees, building more parks and reducing the use of plastic.

Sophie Peters, who was named this year’s Junior Lord Mayor on Melbourne Day in August, said she is honoured to help give kids a voice in our city. She is also particularly passionate about alleviating homelessness and waste.

‘Melbourne is a city with beautiful green spaces and people with a diversity of cultures, but I believe there are some big city problems that need to be fixed,’ Sophie said.

‘I believe that with the help of kids, Melbourne will become even better. I hope that young kids will be able to influence Melbourne’s future with their creative ideas.’

We will continue to seek out, listen to and action kids’ voices as we make decisions that shape our future city.

‘I believe that with the help of kids, Melbourne will become even better. I hope that young kids will be able to influence Melbourne’s future with their creative ideas.’

Staff will be on hand at Play Date to answer questions about our services for children and families.

Head to our website to find out more about what’s on for kids in the city this Children’s Week and beyond.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/children

FAST FACTS FOR 2018—19

- 1370 babies were born in our municipality
- we vaccinated 6510 children
- we provided 4870 hours of family support and counselling
- we supported 645 families with parent education
- we supported 1171 families through 77 playgroups
- we promoted family literacy through numerous free and low-cost activities in our libraries, including Stompers, Songbirds and Storytime
- we engaged more than 25,000 children and families in creative arts experiences at ArtPlay, including an inaugural program called By Kids, For Kids, where all events were dreamed up by children
FESTIVE SHOPPING AT STRING BEAN ALLEY

Get set for Christmas with a uniquely Melbourne shopping experience at our city’s newest laneway: String Bean Alley at Queen Victoria Market.

Named after the laneway where green beans were sold in the early 1900s, String Bean Alley is now home to 26 independent traders in bespoke shipping containers offering vintage clothing, artisan chocolate and more.

During your visit, check out the new pedestrian plaza on Queen Street. With plenty of new seats, umbrellas and fruit trees, it’s a great place to sit, eat and relax on your shopping trip.

The revitalisation of String Bean Alley and Queen Street Plaza are among many projects driven by feedback from customers and traders, delivered as part of our $250 million renewal of the Queen Victoria Market precinct.

Stan Liacos, Queen Victoria Market Chief Executive Officer, said the revitalised String Bean Alley is attracting new visitors to the market and celebrates its rich history.

‘The String Bean Alley precinct represents a new era for the market,’ Mr Liacos said.

‘This section of the market is now acting as a small business incubator, providing a platform for specialist traders offering products and services that are locally designed, sourced or produced.’

PLANNED YOUR VISIT

Located next to the car park, String Bean Alley is open on Fridays, Saturdays and Sundays. It is also open on Wednesday evenings during the Summer Night Market season from 20 November.

Queen Victoria Market is Melbourne’s one-stop Christmas shop to stock up on seasonal food favourites, gift ideas and stocking fillers from the wide variety of fresh produce and specialty merchandise traders.

FOR MORE INFORMATION, VISIT qvm.com.au/stringbeanalley

FIVE WAYS TO NERD OUT ON COUNCIL DATA

Find a spot for a rooftop garden, see our future city in 3D and research your business idea on our Open Data website.

Data is one of the most powerful tools we have to help create a great city for people. We make more than 200 data sets freely available online, from pedestrian counters to wellbeing statistics.

This data helps people understand the challenges facing our city, and makes it easier for innovators to collaborate and develop the best solutions for the community.

Here are five ways to start exploring Council data.

• Explore our urban forest
  Discover the locations, species and life expectancies of more than 70,000 trees.

• See our future skyline
  Visualise our city’s past, present and future built environment in 3D.

• Get career inspiration
  Explore employment forecasts and our city’s most popular industries.

• Supercharge your startup
  Sharpen up your business plan with the latest population data.

• Plan your day out
  Find a place to park, public toilets, drink fountains and more.

DID YOU KNOW

As the Earth’s tectonic plates shift, our in-house data experts update our map coordinates to help you get where you need to go and find things easily, from barbecues to bike hoops.

FOR MORE INFORMATION, VISIT data.melbourne.vic.gov.au
Local businesses are finding new ways to connect with Chinese visitors and residents through digital platforms and mobile payment options like Alipay and WeChat.

To celebrate Golden Week – a Chinese national holiday that runs from 1 to 7 October – we’re showcasing some unique ways we help businesses connect with China.

• **Digital payment options**
  Buskers can now accept digital donations by using Alipay, the world’s largest mobile payment provider. City visitors can also use Alipay and WeChat Pay at Cooks’ Cottage and Fitzroy Gardens Visitor Centre.

• **Special offers for shoppers**
  Businesses in key retail precincts are now able to provide shoppers with special offers through our new Melbourne City Card program on Alipay.

• **Social media**
  We are the only Australian capital city on WeChat, China’s leading social media platform. Our WeChat channel has more than 10,000 followers, and our stories have been viewed more than 330,000 times.

• **Helping city visitors explore more of Melbourne**
  Visitors are invited to explore 10 iconic locations in our city to receive a special memento through our new ‘Check-in Melbourne’ mini program on WeChat.

• **Business missions**
  We unlock global opportunities for local startups through business missions to Asia. To read about the Lord Mayor’s latest trip, head to ‘Council Updates’ at magazine.melbourne.vic.gov.au

Councillor Philip Le Liu, Chair of the International Engagement portfolio, said he is encouraged to see businesses embracing payment options preferred by Victoria’s more than 650,000 annual Chinese visitors.

‘As a City of Progress, we are dedicated to promoting Melbourne as a destination of choice for tourists, and supporting our city’s visitor economy through innovative projects in this time of disruption,’ Cr Le Liu said.

‘I encourage all local businesses seeking ways to better engage with Chinese customers to view the handy new checklist we’ve published on our website.’

‘We are dedicated to promoting Melbourne as a destination of choice for tourists, and supporting our city’s visitor economy through innovative projects.’

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/business
We are urging Melburnians to follow seven simple steps to avoid creating waste, and help create a cleaner, greener future.

Our city is facing a recycling crisis. Following the collapse of SKM Recycling, we have been forced to send our waste to landfill – 45 tonnes of it every day. As a City of Sustainability, this is devastating.

Reducing the impact of waste is central to our commitment to take action on climate change, plan for a growing city and provide a safe clean city where our community can thrive.

We are working hard to find a long-term, sustainable solution to the recycling crisis, develop smarter waste management tools for the future, and introduce short-term initiatives that will reduce the volume of waste going to landfill. But innovation can only go so far.

As one of the fastest growing cities in the developed world, we need to get smarter about waste. The days of sending large volumes of waste to landfill have to end.

Before you buy a product, it’s important to ask yourself if you really need it, or if it will just end up in landfill.

There are so many items we use for only a few minutes that can linger in the environment for thousands of years. The most powerful thing we can do is stop creating so much waste in the first place.

### What is City of Melbourne doing?

We are constantly looking for ways to support waste reduction, including:

- Opening up our recycling centre at Dynon Road where you can take your recycling and glass.
- Providing a free e-waste recycling service for apartment buildings.
- Funding support for businesses to produce less waste as a priority.
- Introducing short-term initiatives that will reduce the volume of waste going to landfill.

By following these simple steps, you can not only avoid creating waste, but save money, eat more healthily, and support sustainable local businesses.

1. **Say no to single-use plastics and packaging**
   - Enjoy your takeaway food and drink in reusable containers and cups, drink tap water instead of bottled drinks, buy unwrapped fresh fruit and vegetables instead of packaged foods, and switch to certified compostable bin-liners.

2. **Take your recycling to the Dynon Road recycling centre**
   - Our waste and recycling centre at 437 Dynon Road in West Melbourne is accepting drop-off recycling. You can take kerbside recycling items like plastics, cardboard and separated glass to the centre.

3. **Compost your food scraps and organic waste**
   - Get a worm farm, composting bin or bokashi composting system. To find neighbourhood composting locations, contact your local communal garden or climate-action group, or try the ShareWaste website.
   - Did you know you can access discounted worm farms and composting systems through our partnership with Compost Revolution? The products contain 100 per cent recycled materials and are 100 per cent Australian made.

4. **Keep recycling and avoid contamination**
   - Continue to separate your recyclables and dispose of your waste mindfully, even during the recycling crisis. This will maintain good habits for the future, and recycling collection will continue as normal.

5. **Recycle your e-waste**
   - Deposit your e-waste (anything with a battery or power cable) at one of the collection points we’ve established around the city. To find the locations, visit our website.

6. **Support sustainable businesses**
   - Seek out sustainable retailers and eateries, and spread the word about Earth-conscious startups like Returnr and Unpackaged Eco, which have created smart ways to reduce single-use packaging.

### Support sustainable businesses

Seek out sustainable retailers and eateries, and spread the word about Earth-conscious startups like Returnr and Unpackaged Eco, which have created smart ways to reduce single-use packaging.
Share your waste hacks

Talk about the simple things you are doing to reduce your waste with your friends, family, colleagues and neighbours. We are stronger when we work together.

As a matter of urgency amid the recycling crisis, Council’s waste collection contractor Citywide is working with experts to investigate the best way to create a specialised recycling facility in Victoria.

Lord Mayor Sally Capp said Council is fast-tracking part of its Waste and Resource Recovery Strategy to bring forward investment in infrastructure and new technology.

This work will include exploring international best practice for waste disposal in inner city laneways, such as mini-compactor bins, specialised vehicles, and separate collection of different materials.

‘We want to stop recyclables going to landfill as soon as possible and deliver long-term improvements for our residents and businesses,’ the Lord Mayor said.

‘Ultimately we need to work towards the model used by many European countries where recycling streams are collected and processed separately.

‘This is not a process that can be tackled by individual municipalities so we will be working with other councils, the Victorian Government and the community to achieve long-term change.’

Environment portfolio Chair Councillor Cathy Oke said everyone can play their part, including through waste avoidance and reducing contamination of the waste stream.

‘We don’t want people to lose their good recycling habits. We’re hopeful of delivering short- and long-term solutions to this crisis as soon as possible,’ Cr Oke said.

‘We need to provide a cleaner product for our recycling industry to return to a more sustainable and stable footing. That means reducing contamination from items like greasy pizza boxes, which don’t belong in the recycling.

‘Ultimately we need to encourage everyone to reduce the amount of waste they’re producing in the first instance.’

Overwhelmingly, residents and businesses tell us they want reduce their environmental impact.

‘We want to stop recyclables going to landfill as soon as possible and deliver long-term improvements for our residents and businesses.’

If we all act on this goodwill, we can protect our environment, influence change-makers at all levels of government and industry, and create the brightest future for Melburnians.

‘We don’t want people to lose their good recycling habits. We’re hopeful of delivering short- and long-term solutions to this crisis as soon as possible.’

Turn to page 12 to be inspired by a zero-waste living expert.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/reducewaste

GOOD NEWS

• Single-use plastic bags will be banned in Victoria this November.
• Federal and State Governments have endorsed targets for all Australian packaging to be either reusable, recyclable or compostable by 2025.
• Many major brands have pledged to use Planet Ark’s new Australasian Recycling Label, which helps consumers understand whether a product can be recycled.
2 TO 20 OCTOBER

**MELBOURNE INTERNATIONAL ARTS FESTIVAL**

Discover Tanderrum, art trams, intimate feasts and sweeping stage spectacles from around the globe at venues across our city. Browse the program online.

2 TO 20 OCTOBER

**DANCE WORKS BY MODERN MASTERS**

See incredible choreography in North Melbourne this Melbourne Festival. Don’t miss Split by Lucy Guerin Inc, Overture by Jo Lloyd, Token Armies by Chunky Move and High Performance Packing Tape by Branch Nebula.

6 TO 13 OCTOBER

**VICTORIAN SENIORS FESTIVAL**

Dance at Federation Square, attend a concert at Melbourne Town Hall and expand your mind through University of the Third Age activities this Celebration Day and beyond. See page 17 for more details.

7 TO 28 OCTOBER

**YOGA AT BULUK BARK**

Start your Mondays with a tranquil intergenerational yoga class from 9am to 10am, as part of the Seniors Festival. Please wear comfortable clothing and bring your own drink bottle, towel and mat.

9 OCTOBER

**CARLTON COMMUNITY HISTORY MORNING TEA**

Bring photos and memorabilia we can photocopy on the day to create a dynamic historical display of the people and places of Carlton, alongside a free morning tea. From 10.30am to 12pm at Kathleen Syme.

10, 11, 16, 17 AND 18 OCTOBER

**OBANG: DREAMING**

Collaborate on the first phase of a new multicultural show. This workshop invites you to explore, play and observe amid a performative installation. For babies aged 6 to 18 months and their caregivers at ArtPlay.

12 OCTOBER AND 9 NOVEMBER

**LIVE CODING CLUB**

Learn the coding languages of Atom and Supercollider to generate ambient and ‘noise’ music on 12 October, and techno and dance tracks on 9 November. From 11am to 4pm at Signal.

13 OCTOBER

**SUPERNATURAL POWERS**

Discover the superpowers of the animal kingdom, including the strength of spider silk, the sonic powers of the microbat and the eyes of an eagle. For kids aged 6 to 8 at ArtPlay.

13 OCTOBER TO 28 JUNE

**SUNDAY LOUNGE**

Listen to live music for free, meet your neighbours and celebrate local music diversity at Library at The Dock and Kathleen Syme on Sundays. These laid-back events are suitable for all ages.

16 OCTOBER

**RIDE2WORK DAY COMMUNITY BREAKFAST**

Enjoy free breakfast, bike checks and entertainment at Australia’s largest celebration of commuter bike riding. At Polly Woodside Park in Southbank, Harbour Esplanade in Docklands, and Neill Street Reserve in Carlton.

19 OCTOBER

**DIWALI FESTIVAL**

Take a magical journey to India featuring live music, a bustling bazaar, delectable cuisine and spectacular fireworks on the Yarra. Find the fun at Federation Square.

20 OCTOBER TO 10 NOVEMBER

**PAPERCUT**

Draw, paint, cut and collage and let your imagination run free in these workshops for kids aged 7 to 10 at ArtPlay. Make people on 20 October, animals on 3 November and a 3D city on 10 November.

23 TO 26 OCTOBER

**FUTURE ECHOES**

Participate, collaborate and share in art made by and with young people at this new festival presented by Arts Centre Melbourne.

31 OCTOBER TO 1 NOVEMBER

**LISTENING TO HERE**

Collaborate with artists to create a GPS-triggered audio experience, constructed using the unique language of toddlers as they respond to outdoor places at ArtPlay. For kids aged 1 to 3 and their carers.

EVERY SATURDAY IN OCTOBER

**OPEN ARTSPACE**

Bring a project you’ve been working on or start something new at Signal. Drop in to play with air-dry clay, create cute pompom pals, or craft jewellery out of junk. Each week there’ll be a special feature to inspire you. From 12pm to 3pm.
2 TO 9 NOVEMBER
MELBOURNE CUP CARNIVAL AND PARADE
See jockeys and trainers parade down Swanston Street during the Melbourne Cup Carnival. The festivities continue at Federation Square before the big event on Tuesday 5 November.

7 TO 24 NOVEMBER
NIGHT NOODLE MARKETS
Head to Birrarung Marr to enjoy an Asian hawker market under the stars. There will be more than 20 sizzling food stalls including Sash Japanese, Son in Law, Wonderbao and more. Entry is free.

5 AND 10 NOVEMBER
BROADSIDE
Be inspired by The Wheeler Centre’s new feminist ideas festival, featuring a remarkable line-up of local and international speakers presenting a powerfully feminist agenda at Melbourne Town Hall.

10 NOVEMBER TO 23 FEBRUARY
SUNDAY AT THE BATHS
Enjoy live music, giant inflatables and other fun activities to keep you entertained and cool during the hottest time of the year. From 1pm every Sunday at Carlton Baths.

14 TO 23 NOVEMBER
MELBOURNE MUSIC WEEK
See local and international artists at venues across the city in a music experience like no other, and celebrate the festival’s 10th anniversary. Don’t miss the zero-waste festival hub.

17 NOVEMBER
POLISH FESTIVAL
See Federation Square transformed into Little Warsaw through song, dance, workshops and culinary delights.

29 NOVEMBER TO 1 DECEMBER
SALAMFEST MUSLIM ARTS FESTIVAL
Discover diverse Muslim ethnicities at this festival of peace, contemporary arts, culture and cuisine at Federation Square and Queen Victoria Market.

29 NOVEMBER TO 25 DECEMBER
CHRISTMAS FESTIVAL
See Melbourne transformed into a Christmas wonderland. Visit the 16-metre tall tree at Federation Square, take in the projections on the iconic Melbourne Town Hall or wander through the city to find beautiful decorations.

30 NOVEMBER
OPERA IN THE BOWL
See some of Australia’s finest musical talent in this family-friendly event at the Sidney Myer Music Bowl, with the city skyline as the magnificent backdrop.

10 DECEMBER
SENIORS CHRISTMAS CELEBRATION
Enjoy afternoon tea and dancing at Melbourne Town Hall from 2pm to 4pm. Doors open at 1.35pm. Free. Bookings essential. Call 9658 9190 or email healthyageing@melbourne.vic.gov.au from 15 October.

31 DECEMBER
NEW YEAR’S EVE
Watch our dazzling fireworks display from anywhere you can see the city skyline. If you come into the city, head to an official celebration zone at Docklands, Flagstaff Gardens, Treasury Gardens or Kings Domain for great views, amenities, music and food.

SPORT

12 OCTOBER TO 15 DECEMBER
RIVERSLIDE SKATE CLUB
Learn how to skate and make friends at Riverslide Skate Park every Saturday and Sunday from 11am to 1pm. We provide skateboards, helmets and pads. Call 9663 0495 to book.

3 DECEMBER
VICTORIAN DISABILITY SPORT AND RECREATION FESTIVAL
Try inclusive sport and recreation activities at this festival that promotes physically active lifestyles for people of all abilities. Find 40 exhibitors and three activity zones on Crown Riverwalk in Southbank.

PLAN AHEAD TO ARRIVE ON TIME
Take a moment to consider how you will travel into the city, in case construction works delay your journey. bigbuild.vic.gov.au/disruptions

Subscribe to our weekly What’s On newsletter at whatson.melbourne.vic.gov.au/subscribe
Six years ago, Erin Rhoads ate plastic-packaged takeaway food and shopped online for fast fashion. Today, she can fit all the waste she creates in a year in a single jar.

From simple cleaning solutions to planning a zero-waste wedding, Erin shares everything she’s learnt on her journey through her blog, books, and at events like Melbourne Knowledge Week.

We asked Erin to share a little about how she lives waste-free in Melbourne.

**What inspired you to embark on your zero-waste journey, and how has it changed your life?**

I was inspired to try the zero-waste lifestyle after I watched The Clean Bin Project and took on the challenge to reduce my plastic use.

There were many unexpected benefits, such as eating healthy food, saving money, supporting my local community, finding joy in moments instead of things, enjoying a slower paced life, and of course not taking the bin out.

At the beginning it was hard to give up junk food. I had no idea how much processed food I ate until I tried to reduce my packaging waste.

Over time it gets easier to live without Tim Tams and chips, then one day it’s not missed anymore. Now I prefer to visit a bakery or local maker for a treat, using my own containers or bags.

‘I had no idea how much processed food I ate until I tried reducing my packaging waste.’

**What would you say to someone who wants to create less waste? Where’s a good place to start?**

Up to 40 per cent of what we put into our bins is made up of food scraps, leftovers and forgotten food. This organic matter doesn’t break down in landfill as it’s not exposed to air or the microorganisms needed for it to decompose naturally. Instead it creates methane, a potent greenhouse gas.

Sitting down to write a shopping list is a great first step to reduce food waste, keeping in mind ingredients that can be used over several meals. A shopping list will help you stop grabbing food you don’t need or buying items on sale that you might use, but probably won’t.

Don’t forget to write down what fruit and vegetables you already have at home to stop you from buying more. It’s so easy to go on autopilot reaching for something like carrots when you might have two at home that need to be eaten.
You can set up a composting system if you have a larger yard, while worm farms and bokashi bins are ideal for smaller homes or apartments.

When food scraps are composted they are no longer waste, instead they become food for the soil.

If you can’t compost at home, the ShareWaste website allows you to log on and search their area for others in the community who would like to accept food waste.

Keep food scraps in the freezer between drop offs to reduce the smell.

It’s easy to feel overwhelmed by the issue of waste. What is your mindset about this?

I am feeling optimistic about the future, knowing people can change and that businesses do want to do the right thing.

It would be great to see State and Federal governments help move this along, especially when it comes to providing education for businesses and the general public.

‘I am feeling optimistic about the future, knowing people can change and that businesses do want to do the right thing.’

What is your vision for the future of waste-free living in our city and beyond?

I’m looking forward to the day when it’s not uncommon to bring your own containers, bags and bottles to be refilled anywhere and for people to sit down to enjoy a meal or coffee without running around in a hurry.

There would also be places to refill personal care items like toothpaste, deodorant and makeup.

I’d love to see public composting facilities in the city and everyone recycling less, because we are refilling, reusing and reducing more.

Everything would be repairable with business invested in helping customers look after their stuff. Second-hand shopping would be more mainstream and popular.

There would be no single-use plastics littering our streets, and the next generation won’t be left to pick up after us because we (consumers, businesses and government) took responsibility now to make a change.

For more of Erin’s zero-waste living tips, check out her blog, The Rogue Ginger, or her books: Waste Not and Waste Not Everyday.
‘Token Armies’ explores the boundaries between the living and the inanimate

CITY OF CULTURE

DANCERS CREATE BOLD NEW WORLDS IN NORTH MELBOURNE

Book your tickets to see some of the world’s most gripping contemporary dance on your doorstep this Melbourne International Arts Festival, as Arts House presents a jaw-dropping program in North Melbourne.

From physical theatre that tests the limits of everyday office supplies to a thrilling dance duet in a space that grows ever smaller, four epic performances are set to enthrall and entertain this October.

Antony Hamilton, Artistic Director of Chunky Move, will present Token Armies, an ambitious work featuring varied lifeforms, animatronics designed by the experts behind King Kong and Walking with Dinosaurs, and other unexpected elements.

Epic in scale, with 23 performers involved, this world-premiere event is already one of the most talked-about works at this year’s festival.

‘Creature Technology has developed some really incredible visual elements for the work, building a unique world that audiences are invited to inhabit,’ said Antony.

‘Thematically, Token Armies probes our tactile obsession, and the prominence of tools and the hands that use them in our real world, and looks at how we could find a utopia without these bodily extensions.

‘The work also looks at how we negotiate a shared space and existence with other lifeforms.’

Antony said that part of the beauty of contemporary performance is the excitement that the work you are about to experience will be transformative, but there is every chance it could also be perplexing.

‘Performances like Token Armies are important because they give us another prism through which to view the human experience, where we can reflect on things that language can’t always describe,’ Antony said.

‘The practice of dance and movement has an embodied reality that reveals something about the bodies we inhabit and are inextricably bound to. It’s only in the practice itself that this can be known and experienced.

‘The French “enfant terrible” choreographer Jerome Bel once said, and I’m paraphrasing, that art-goers are akin to gamblers. My advice is that it’s best to expect the unexpected, and come to the artform with openness and curiosity.’

While at Chunky Move, Antony aims to expand the company’s role amid the dance sector, champion the work of artists from Melbourne and beyond, and hopefully launch a fellowship to support an outstanding artist.

Councillor Rohan Leppert, Chair of the Arts, Culture and Heritage portfolio said Arts House capitalises on partnerships to present ground-breaking contemporary performance and nurture our city as a cultural capital.

‘Arts House is our city’s creative engine room, where we support artists with funding, studio time, technical equipment and production expertise to develop new work into high-profile performances,’ Cr Leppert said.

‘My advice is that it’s best to expect the unexpected, and come to the artform with openness and curiosity.’

The upcoming events in North Melbourne are a testament to the hard work of many talented creative people, including Melbourne International Arts Festival’s outgoing Artistic Director Jonathan Holloway.

‘I encourage Melburnians to dive in to this extraordinary program, and I look forward to seeing more great work from the festival’s new artistic directors Hannah Fox and Gideon Obarzanek from 2020.’

Token Armies by Chunky Move runs from 16 to 20 October. Overture by Jo Lloyd, Split by Lucy Guerin Inc and High Performance Packing Tape by Branch Nebula all run from 2 to 6 October.

FOR MORE INFORMATION, VISIT artshouse.com.au
MELBOURNE MUSIC WEEK HUB AIMS FOR ZERO WASTE

Visit the Melbourne Music Week festival hub, which aims to be zero waste, and experience our city as a global music capital this November.

Since it began 10 years ago, Melbourne Music Week has showcased more than 2200 acts to more than 350,000 music lovers. This year’s event is set to be bigger than ever, with a continued focus on sustainability.

For the second year in a row, Melbourne Music Week will be certified carbon neutral in 2019, which means the carbon emissions of all events will be measured and reduced where possible.

The remaining carbon footprint will be offset by projects that reduce emissions elsewhere, such as reforestation and Aboriginal land management projects.

Meanwhile, the festival hub is set to use both harvested stormwater and 100 per cent renewable electricity sourced through the Melbourne Renewable Energy Project wind farm, a unique partnership project that powers all Council operations.

Reusable cups will also make a return to the festival hub this year, meaning when you order drinks at the bar you will be contributing to the venue’s zero-waste goal.

We also encourage attendees to walk, cycle, use public transport and not print their tickets to reduce their environmental impact.

From the Live Music Safari to legendary techno, there’s something for everyone this Melbourne Music Week, which runs from 14 to 23 November.

Explore the full program and book tickets online.

FOR MORE INFORMATION, VISIT mww.melbourne.vic.gov.au

THREE BRILLIANT SMALL BUSINESSES

From saving more than 85,000 single-use takeaway bowls to inventing a smart plug that helps people take care of older relatives, our grant recipients do amazing work.

As a City of Enterprise, we have supported almost 400 small businesses with more than $8.3 million in funding through our small business grants program since it began in 1996.

Between 2006 and 2016 alone, these grants helped local businesses generate $71 million in gross turnover, $58 million in equity investment, $3 million in export earnings and more than 900 jobs.

Here are three inspiring initiatives awarded funding through both our small business and social enterprise grant programs this year.

1. Unpackaged Eco
Reduce your waste thanks to a local business piloting smart technology that helps shops sell products without packaging.

Consumers can track the difference they’re making to the planet, and sales are exceeding expectations. We can’t wait to see this startup grow.

2. BookBot
Adrian DeWitts created the BookBot app to help his dyslexic son Forrester improve his reading skills, with great results.

Using voice recognition technology, BookBot helps children with reading difficulties learn more independently, complementing face-to-face time with parents and teachers.

3. Worksmith Ella
Melbourne’s bartenders of tomorrow are in training at this new coworking space for the beverage industry, which features a high-tech bar laboratory.

The grant money will go towards purchasing a rotary evaporator system, which can extract flavours from fresh food.

To read more stories about inspiring grant recipients, head to Melbourne magazine online at magazine.melbourne.vic.gov.au

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/smallbusinessgrants
Communal gardens are in bloom across our city as residents seek out opportunities to grow fresh produce, with fantastic results.

We are pleased to support green-thumbed groups like Kensington Stockyard Food Garden, which harvested 206 kg of produce and recorded 906 volunteer hours in a single year.

The group also reinvigorated its neighbouring garden at Kensington Community School and shared gardening knowledge with 147 children.

Martin Mulvihil is one of the passionate people behind our city’s newest garden, the Drill Hall Community Garden on Therry Street, set to open in mid-October.

The garden was initiated by the Drill Hall Residents’ Association, with support from Cohealth, the Multicultural Hub, Housing Choices Australia, Polygon Design and the City of Melbourne.

‘Drill Hall residents are at the centre of this project, which emphasises accessibility and inclusion for the wide range of people who live in the affordable housing, including people in wheelchairs,’ Martin said.

‘There will be wicking beds allocated to locals, worm farms, a children’s area, and places to sit and relax. The garden will be wonderful for residents, but it will also be a public space.’

Communal gardens are an important way for people to access fresh produce, boost their wellbeing and build community connections as Melbourne’s population grows.

Growing sustainable, local produce and composting organic waste is also a great way to reduce the amount of waste we send to landfill, as we take action on climate change.

‘There will be wicking beds allocated to locals, worm farms, a children’s area, and places to sit and relax.’

Other communal garden locations include Stevenson Lane, Boyd Community Hub, East Melbourne Library, Geographe Street in Docklands, and Courtney Street in North Melbourne.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/communityfoodguide

CITY GARDENS HARVEST BUMPER CROPS

Get involved in your local communal garden to grow fresh produce and meet new friends

COMMUNAL GARDENS ARE IN BLOOM ACROSS OUR CITY AS RESIDENTS SEEK OUT OPPORTUNITIES TO GROW FRESH PRODUCE, WITH FANTASTIC RESULTS.

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FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/communityfoodguide

FINd yOUR zen A t tHe lIBRary

Bliss out in a deep-relaxation story lounge, learn how to practice active mindfulness and find out how food and movement can affect your mood at your local library this Mental Health Week.

From 5 to 11 October in our libraries, we’re hosting a series of activities that have been found to benefit wellbeing and challenge the stigma around mental health.

We created the program with a particular focus on young adults aged 15 to 30, but everyone is welcome.

Jossy Jimenez will lead a workshop about self-compassion, exploring how we can transform the way we relate to our suffering, shortcomings and struggles through courage, authenticity, kindness and community.

‘I think there are tremendous cultural pressures that tell us who, what and how we should be, and despite the fact that most — if not all — of these expectations are unrealistic and impossible to meet, we constantly strive to meet them, and when we don’t, we blame ourselves and lose our way in the process,’ Jossy said.

‘I’m passionate about creating safe spaces where we can have honest conversations about suffering and compassion, courage and fear, community and connection, and question and challenge these cultural expectations that can keep us small, afraid, and quiet.’

If you are experiencing a personal crisis or thinking about suicide, please call Lifeline on 13 11 14.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/libraries

DID YOU KNOW

From lazing in the pool listening to live music to taking part in a local skate competition, there are many creative ways to relax, meet new friends and find your zen year-round in our city.

Turn to our events calendar in the centre of this magazine, or visit What’s On Melbourne, to explore things to do in your neighbourhood. Or pick a new way to exercise over at melbourne.vic.gov.au/activemelbourne
We promote life-long learning through activities like the grey medallion at Melbourne City Baths.

OUT AND ABOUT

Mondays at Jean McKendry Neighbourhood Centre
Did you know we host an affordable three-course lunch, gentle yoga and art activities for older people every week in North Melbourne? To find out more about these events and more, call 9658 9190 or visit melbourne.vic.gov.au/seniors

FAST FACTS

• Around 12,483 older people live, work and play in Melbourne, and they speak 24 languages.
• Older people borrowed 226,734 items from our libraries in 2018.
• We provided more than 2300 meals in community centres and supported 56 community groups with subsidies and venue hire last year.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/seniors

MELBOURNE | OCTOBER - DECEMBER | 17
Some of our city’s most talented young artists are bringing stunning projects to life through the Signal Young Creatives Lab.

This year’s works include a performance installation by Tré Turner that draws parallels between the ‘fae’ of European folklore and colonial writings about Australian First Nations people.

Komang (Rosie) Clynes – a theatre-maker and performer who trained at the Victorian College of the Arts – will create a narrative musical recording inspired by time she spent living in Indonesia.

‘It was from collaborating there with other artists that I came up with the concept for Mythologies, a body of music about navigating how you create space for yourself when you don’t feel like you belong,’ Rosie said.

‘The EP features lots of samples of gamelan orchestra and traditional Indonesian pop. And it is an ode to the music I love, so it draws its sound from jazz, Detroit house and ‘80s RnB.’

Young Creatives Lab artists receive funding, mentoring, producing support and full use of Signal’s venue and facilities.

‘Signal is providing a huge amount of support,’ Rosie said.

‘They are helping me steer the ship, supporting me with funds, and even providing me with their space to perform the launch at. I’ve loved working with Signal so far.’

The Young Creatives Lab projects will be launched with special events at Signal. Stay tuned to our website for event details.

‘The EP launch will be a celebration of finding yourself and owning your own mythologies, and getting to watch creatives of colour in action,’ Rosie said.

‘The launch will not only feature my music but other artists as well – spoken word, DJs and other musicians. It will be lots of fun and everyone is invited.’

ABOUT SIGNAL

Signal is a creative studio that offers diverse young people aged 13 to 25 the opportunity to create and collaborate with professional artists. Head to our website to explore upcoming workshops and projects.

FOR MORE INFORMATION, VISIT melbourne.vic.gov.au/signal

IN BRIEF

HERITAGE GRANTS

Restore your community, commercial or residential heritage building with help from our Melbourne Heritage Restoration Fund.

The fund offers $600,000 over the next three years to help make our city a place where people love to live, work and visit.

Businesses, non-profits and residents are encouraged to apply.

melbourne.vic.gov.au/heritagegrants

BUSINESS PARTNER CITIES

Councillor Kevin Louey will showcase Melbourne as a smart, innovative and startup-friendly city at the annual Business Partner Cities Roundtable in Kuala Lumpur this November.

The network consists of 14 cities from the Asia Pacific, including Tianjin, Jakarta, Mumbai and Singapore, and seeks to facilitate mutually beneficial business opportunities.

melbourne.vic.gov.au/sistercities

RAISING THE BAR

Save the date for a night of exciting discussion and debate in popular bars on Wednesday 13 November.

Explore fascinating topics in a relaxed atmosphere with the city’s greatest minds and creative thinkers.

This year’s program will be released in mid-October.

rbevent.com/melbourne

HEALTHY CHOICES

Choose healthy, nutritious food while you enjoy our city’s facilities and events with the help of our Healthy Choices apple icon.

Look out for new signage at the kiosks and cafes at Melbourne City Baths, North Melbourne Pool, Carlton Baths and Riverslide Skate Park.

melbourne.vic.gov.au/healthychoices

REPORT IT ONLINE 24/7

From graffiti to abandoned vehicles, you can report issues online around the clock. Get in touch when it suits you from your mobile device.

Head to our website to find out more.

melbourne.vic.gov.au/contactus
All **committee meetings** are held in Council Meeting room, Level 2 Melbourne Town Hall, Swanston Street, Melbourne.

All **Council meetings** are held in Council Chamber, (Public Gallery, Level 3) Melbourne Town Hall, Swanston Street, Melbourne.

On occasion, Council meetings are rescheduled or special meetings of the committees and council are called.

For upcoming council and committee meeting dates and times, and to live-stream Future Melbourne Committee meetings, visit [melbourne.vic.gov.au](http://melbourne.vic.gov.au).

Changes to the meeting schedule are published at [melbourne.vic.gov.au](http://melbourne.vic.gov.au) and on the notice board at the front of the Melbourne Town Hall administration building.

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**COUNCIL MEETINGS**

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<tr>
<th>Date</th>
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<tr>
<td><strong>OCTOBER</strong></td>
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<td>Future Melbourne Committee</td>
<td>Tuesday 1 October</td>
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<td>Future Melbourne Committee</td>
<td>Tuesday 15 October</td>
<td>5.30pm</td>
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<td>Council</td>
<td>Tuesday 29 October</td>
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<td><strong>NOVEMBER</strong></td>
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<td>Future Melbourne Committee</td>
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<td>Council</td>
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<td><strong>DECEMBER</strong></td>
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<td>Future Melbourne Committee</td>
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Melbourne magazine celebrates our world-leading city – the energy and aspirations that make the City of Melbourne unique.

You may have noticed that we express these aspirations using words like ‘City of Wellbeing’ and ‘City of Culture’.

These six key strengths inspire us to work towards being an even more bold and sustainable city that supports everyone who lives, works, invests, learns and plays here.

We invite you to share your stories about why you are proud of our city through social media, email or phone. Our contact details are below.

CITY OF PROGRESS
We are building a better city for now and the future.

CITY OF SUSTAINABILITY
We champion action on climate change and waste.

CITY OF ENTERPRISE
We support innovation and contribute to a thriving business culture.

CITY OF EVENTS
We host many world-class events and festivals.

CITY OF WELLBEING
We are creating a healthy and inclusive community for all.

CITY OF CULTURE
We celebrate diversity and creativity.

CONTACT
melbourne.vic.gov.au/contactus
03 9658 9658

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Teletypewriter (TTY) users phone
13 36 77 then ask for 03 9658 9658
Speak & Listen users phone
1300 555 727 then ask for 03 9658 9658

IN PERSON
Melbourne Town Hall
Administration Building
120 Swanston Street, Melbourne
Business hours, Monday to Friday

CONNECT
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instagram.com/cityofmelbourne

FEEDBACK
To provide feedback, contact the City of Melbourne or email melbournemag@melbourne.vic.gov.au

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AUDIO VERSION
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