COMMUNITY FOOD GUIDE

Supporting people in the City of Melbourne to access, grow and use healthy food

CITY OF MELBOURNE
COMMUNITY FOOD GUIDE
Introduction

Many people within the City of Melbourne face daily challenges in accessing enough nutritious food for a healthy life. Most of us are not eating enough fruit and vegetables to meet our nutritional needs and an increasing number of people are living in densely populated areas where there is less space to grow food.

This guide has been created to provide helpful information about food access programs, services and resources within the City of Melbourne and surrounding suburbs across the following categories:

1. Food banks, parcels and vouchers
2. Community meals, including free and cheap meals
3. Food education, including classes and community kitchens
4. Community gardens
5. Fresh food and groceries, including markets, co-ops, food delivery and shopping support
6. Food rescue

The guide has been divided into these six sections to help you easily find the information you need, and there’s also a map on page six so you can see at a glance what’s available near you. You can also access this guide via the City of Melbourne website at melbourne.vic.gov.au/communityfoodguide
Updates to the guide

If you’d like to suggest an inclusion or update to a program or service listed in this guide, visit melbourne.vic.gov.au/communityfoodguide and use the online form. We will update the guide as often as we are able to with the information you provide.

Disclaimer

The information contained in the Community Food Guide was correct at the time of publication (August 2017) but bear in mind some information will have changed at the time of reading and it’s important that you confirm the information in this guide with the agencies directly.

Programs and services listed in this guide are not endorsed or affiliated by the City of Melbourne (with the exception of council-run or contracted services) and are subject to change at any time.
Community food programs in the City of Melbourne

This map shows the distribution of community food programs in the municipality.*

- **Food banks, parcels and vouchers** p7–11
- **Community meals** p12–25
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- **Fresh food and groceries** p38–46
- **Food rescue** p47–49

*This map shows the distribution of community food programs accessible to City of Melbourne residents in Melbourne and surrounding suburbs.*
FOOD BANKS, PARCELS AND VOUCHERS

Do you know someone who would benefit from access to affordable or even free groceries?

These programs provide food parcels or groceries and food vouchers or gift cards, such as for a local supermarket, to people in need*. Most of the services listed also offer information, support and financial or material aid to meet an immediate need.

*There may be restrictions or exclusions, such as cigarettes or alcohol. Also note that level of assistance is dependent on the availability of staff (often volunteers), as well as supplies of vouchers or other assistance.
<table>
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<tr>
<th>WHO</th>
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<th>COST AND CONDITIONS</th>
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| **Church of All Nations**  
180 Palmerston Street  
Carlton, 3053  
9347 7077  
contact@carlton-uca.org  
carlton-uca.org  
Coordinator: Bruce Osmond, Emergency Relief | Foodbank and vouchers  
Vouchers are available on a case by case basis. Tea, coffee, biscuits, newspapers and friendly welcome greet those waiting for assistance. | Tue, Wed, Thu  
10am - 12pm  
Fresh food on Wednesdays | Free  
Fresh food $2 donation  
Healthcare/concession card holders |
| **Anglicare - Mission House**  
122 Napier Street  
Fitzroy, 3065  
9419 3288 or 0458 750 031  
anglicarevic.org.au  
Coordinator: Rev. Louise Lang | Food relief - food bank and food parcels  
Provides assistance to people living in public housing and rental properties with a Healthcare Card. | Tue and Thu  
1.30pm - 3.30pm | Free  
Must live in following postcodes: 3000, 3051, 3053, 3054, 3065, 3066, 3067, 3068 and 3070 |
| **Anglicare - St Marks Church Community Centre**  
250 George Street  
Fitzroy, 3065  
9419 3288 or 0458 750 031  
anglicarevic.org.au  
Coordinator: Rev. Louise Lang | Food parcels  
Proving comfort and stability in the form of food parcels and financial assistance for people experiencing homelessness. | Mon, Tue, Wed, Thu, Fri  
12pm - 3pm | Free  
Rough sleepers and people experiencing chronic homelessness |
| **Collingwood Cottage Food Bank**  
All Saints Church  
King William St, Fitzroy, 3065  
9481 7333  
office@olsc.org.au  
olsc.org.au | Collingwood Cottage Food Bank  
Food products are distributed to local people in need each Friday. Temporary location at King William Street until 2018. | Fri  
9am - 12pm  
Must register after 9am for a number and collect parcel after 12pm. Closed on Good Friday and for 6 weeks over Christmas. | Free  
Open to everyone |
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<tbody>
<tr>
<td>Presbyterian and Scots Church Joint Mission (Flemington Mission)</td>
<td>Food parcels</td>
<td>Tue 10am - 1pm, 1st and 3rd Tuesday of the month. Closed public holidays and from Christmas to end of January.</td>
<td>Free Open to everyone</td>
</tr>
<tr>
<td>St Stephen’s Church Hall</td>
<td>Every Tuesday there is coffee, conversation, clothes, blankets and books. Food relief is provided 1st and 3rd Tuesday of the month.</td>
<td>Tue 10am - 1pm, 1st and 3rd Tuesday of the month. Closed public holidays and from Christmas to end of January.</td>
<td>Free Open to everyone</td>
</tr>
<tr>
<td>28 Norwood Street, Flemington, 3031</td>
<td></td>
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<tr>
<td><a href="mailto:philip.court@scotschurch.com">philip.court@scotschurch.com</a></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Contact: Philip Court, Minister</td>
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<tr>
<td>Asylum Seeker Resource Centre (ASRC)</td>
<td>Food bank / pantry</td>
<td>Mon, Tue, Wed, Thu, Fri 10am - 5pm Contact ASRC for details on closure during public holidays</td>
<td>Free Asylum seekers, refugees who are members of the ASRC only</td>
</tr>
<tr>
<td>214-218 Nicholson Street, Footscray, 3011</td>
<td>Food bank/pantry with perishable and non-perishable items available.</td>
<td></td>
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<tr>
<td>9326 6066 <a href="mailto:food@asrc.org.au">food@asrc.org.au</a></td>
<td></td>
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<tr>
<td>Contact: ASRC</td>
<td></td>
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</tr>
<tr>
<td>Anglicare - The Lazarus Centre</td>
<td>Food parcels</td>
<td>Daily 7.30am - 9am</td>
<td>Free Homeless people aged over 18</td>
</tr>
<tr>
<td>St Peters Eastern Hill, 15 Gisborne Street, Melbourne, 3000</td>
<td>Proving comfort and stability in the form of food parcels and financial assistance for people experiencing homelessness</td>
<td>Daily 7.30am - 9am</td>
<td>Free Homeless people aged over 18</td>
</tr>
<tr>
<td>9419 3288 or 0458 750 031 anglicarevic.org.au</td>
<td></td>
<td></td>
<td>Free Homeless people aged over 18</td>
</tr>
<tr>
<td>Contact: Rev. Louise Lang, Coordinator</td>
<td></td>
<td></td>
<td>Free Homeless people aged over 18</td>
</tr>
<tr>
<td>RISE Refugee</td>
<td>Food bank</td>
<td>Thu and Sat Thu: 9am - 5pm Sat: 10.30am - 1pm</td>
<td>Free Refugees and asylum seekers</td>
</tr>
<tr>
<td>Level 1, 247 Flinders Lane, Melbourne, 3000</td>
<td>The RISE Food Bank aims to address the initial critical needs of refugees and asylum seekers by providing access to free dry food, fresh fruits and vegetables. Donations welcome - see website for items needed.</td>
<td>Thu and Sat Thu: 9am - 5pm Sat: 10.30am - 1pm</td>
<td>Free Refugees and asylum seekers</td>
</tr>
<tr>
<td>9639 8623 <a href="mailto:admin@riserefugee.org">admin@riserefugee.org</a> riserefugee.org</td>
<td></td>
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<tr>
<td>Contact: Ramish</td>
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| Salvation Army  
69 Bourke Street, Melbourne, 3000  
9653 3299  
salvationarmy.org.au  
Contact: Anthony McEvoy, Project 614 | The Marketplace  
The Marketplace offers a wide selection of food and other necessities to those who need them most. | Mon, Tue, Wed, Thu, Fri  
9.30am - 12pm  
Closed public holidays | Free  
Concession card or ID may be required |
| Returned Servicemen’s League, Victorian branch  
ANZAC House  
4 Collins Street, Melbourne, 3000  
9655 5531  
jackson@rslvic.com.au  
rslvic.com.au  
Contact: Jeff Jackson, Manager Pensions Advocacy and Welfare Support | Food vouchers and other services (veterans only)  
Support for former or serving members of the Australian Defence Force or Allied Forces and for their dependants who are experiencing financial hardship. | Mon, Tue, Wed, Thu, Fri  
9am - 5pm  
Closed public holidays | Free  
For information and to ascertain if you are eligible for assistance please contact using the details provided. |
| UnitingCare Hotham Mission  
North Melbourne Community Centre  
49-53 Buncle Street, North Melbourne, 3051  
9326 8245  
alex.johnson@hothammission.org.au  
hothammission.org.au  
Contact: Alex Johnson or Beth Stewart-Wright, Youth Programs Coordinators | Food for Thought: youth food assistance program  
Not a drop-in service. Food parcels are delivered to organisations. | Wed  
9am - 2pm | Free  
Referrals made through organisations. Aimed at refugees and asylum seekers, students and people experiencing homelessness. |
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| HOPE Prahran at St Matthew’s Anglican Church  
157A High Street, Prahran, 3181  
9510 3326  
hopeprahran@stmatts.com.au  
stmatts.com.au | Food assistance  
Providing non-perishable food and other groceries to people in need. | Mon, Tue, Thu  
Mon: 10am - 1pm  
Tue: 10am - 2pm  
Thur: 10am - 12.30pm  
Closed public holidays | Free  
Open to everyone |
| Open House at St Peter and St Paul’s Church  
377 Dorcas Street, South Melbourne, 3205  
9690 5895  
sppchurch@hotmail.com  
sppchurch.org.au | Food parcels  
Provides a range of services to those in need in the area. | Mon, Tue, Wed, Thu, Fri  
11am - 3pm  
Closed public holidays | Free  
Open to everyone |
| Victorian Aids Council  
51 Commercial Road, South Yarra, 3141  
9863 0444  
lynda.horn@vac.org.au  
Contact: Lynda Horn, David Williams Fund Coordinator | David William Fund  
Provides food vouchers and other emergency financial assistance to people living with HIV who are experiencing financial hardship. | Wed and Thu  
Wed: 10am - 4pm  
Thur: 10am - 5pm  
Closed public holidays | Free  
Recipients must provide proof of HIV status, demonstrate receipt of Social Security Benefit or Pension, demonstrate financial hardship, resident of Victoria, provide a Centrelink income statement. |
COMMUNITY MEALS

Wondering where to go for an affordable, nourishing meal and eat with others? These programs provide free, cheap or subsidised meals to members of the community, often within a social setting to allow warm conversation and social connection.
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<tr>
<td>Hare Krishna Food for Life Melbourne 197 Danks Street, Albert Park, 3206 9699 5122 <a href="mailto:info@harekrishnamelbourne.com.au">info@harekrishnamelbourne.com.au</a> harekrishnamelbourne.com.au</td>
<td>Food For Life community meals Vegetarian and vegan meals are provided for those in need.</td>
<td>Daily Breakfast: 8.30am - 9.30am Lunch: 1pm - 2pm Dinner: 6pm - 7pm</td>
<td>Free Open to everyone</td>
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<tr>
<td>Parish of the Parks St Silas Church Hall 99 Bridport Street, Albert Park, 3206 9696 5116 <a href="mailto:sundaysuppers@parishoftheparks.com.au">sundaysuppers@parishoftheparks.com.au</a> parishoftheparks.com.au Contact: Katherine Moore, Parish Office Secretary</td>
<td>Sunday suppers Evening two-course meal is provided in the Church Hall for those struggling to eat. All are made welcome. This service is run by volunteers.</td>
<td>Sun 5pm sharp Closed over Christmas and New Year</td>
<td>Free Open to everyone</td>
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<tr>
<td>Brunswick Uniting Church 212-214 Sydney Road, Brunswick, 3056 0431 193 810 or 0414 319 649 brunswick.unitingchurch.org.au Contact: Peter Blair or Glenice Cook, The Olive Way Coordinators</td>
<td>The Olive Way - community lunch A community kitchen provides lunch on Wednesdays at 12.30. The cook provides a delicious home style 2 course meal.</td>
<td>Wed 12.30pm Closed public holidays</td>
<td>Free (donations welcome) Open to everyone</td>
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<tr>
<td>Carlton Neighbourhood Learning Centre Community Hall 530 Lygon Street, Carlton, 3052 9347 2739 cnlc.org.au <a href="mailto:info@cnlc.org.au">info@cnlc.org.au</a></td>
<td>Morning tea for seniors Morning tea for seniors at the Carlton Housing Estate.</td>
<td>Mon 10am - 12pm Closed public holidays</td>
<td>Free Referrals and assessment required to access the program. Can be a self-referral.</td>
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<tr>
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| Carlton Senior Citizens Group  
Kathleen Syme Community Centre  
251 Faraday Street, Carlton, 3053  
9658 7310  
Contact: Natalie Warren, Coordinator | Food with friends  
Community lunch. | Wed  
12pm - 1pm  
Booking essential | $7.50  
Older adults (55+) |
| Church of All Nations  
180 Palmerston Street, Carlton, 3053  
9347 7077  
contact@carlton-uca.org  
carlton-uca.org  
Contact: Bruce Osmond, Coordinator  
Emergency Relief | Community lunch  
Meals are nutritional, vary weekly and include dessert. | Tue  
11.30am - 1pm  
Closed public holidays | $2 donation  
Open to everyone |
| Mantra Lounge  
167 Grattan Street, Carlton, 3053  
9036 2996  
press@mantralounge.com.au  
mantralounge.com.au  
Contact: Jennifer Rodriguez, Head Chef, Cafe Manager | Pay what you can  
Serving sustainable, vegan meals. | Mon, Tue, Wed, Thu, Fri  
7pm - 8pm  
Closed public holidays | Free  
(donations welcome)  
Open to everyone |
| Carlton Neighbourhood Learning Centre  
20 Princes Street, Carlton North, 3054  
9347 2739  
info@cnlc.org.au  
cnlc.org.au | Community lunch  
Community lunch for people with mild disabilities. | Thu  
12.45pm - 1.45pm | $4 donation  
Referrals and assessment required to access the program. Can be a self-referral. |
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<tr>
<td><strong>Collingwood Neighbourhood House</strong>&lt;br&gt;253 Hoddle Street, Collingwood, 3066&lt;br&gt;9417 4856&lt;br&gt;cnh.bc.ca&lt;br&gt;Contact: Manager, Sue</td>
<td>Men’s breakfast</td>
<td>Wed&lt;br&gt;10.30am - 11.30am</td>
<td>Free&lt;br&gt;Men only</td>
</tr>
<tr>
<td><strong>Collingwood Neighbourhood House</strong>&lt;br&gt;253 Hoddle Street, Collingwood, 3066&lt;br&gt;9417 4856&lt;br&gt;cnh.bc.ca&lt;br&gt;Contact: Manager, Sue</td>
<td>Community lunch&lt;br&gt;Enjoy an inexpensive, delicious, healthy lunch while getting to know your neighbours.</td>
<td>Tue and Thu&lt;br&gt;12pm</td>
<td>Cost of individual lunch:&lt;br&gt;$5 for seniors&lt;br&gt;$6.25 for adults&lt;br&gt;$4 for students&lt;br&gt;$3.25 for children (&lt;12)</td>
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<tr>
<td><strong>Society of St Vincent de Paul - Soup Vans</strong>&lt;br&gt;Corner Smith and Stanley Streets&lt;br&gt;Collingwood, 3066&lt;br&gt;9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td>Collingwood soup van</td>
<td>Tue, Thu, Fri, Sun&lt;br&gt;7.30pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>Anglicare - St Marks Church Community Centre</strong>&lt;br&gt;250 George Street, Fitzroy, 3065&lt;br&gt;9419 3288 or 0458 750 031&lt;br&gt;anglicarevic.org.au&lt;br&gt;Contact: Rev. Louise Lang, Coordinator</td>
<td>Community lunch&lt;br&gt;Provides a luncheon to those most in need and who find themselves in situations of primary, secondary or tertiary homelessness.</td>
<td>Mon, Tue, Wed, Thu, Fri&lt;br&gt;11am - 3pm</td>
<td>Free&lt;br&gt;Rough sleepers and people experiencing chronic homelessness</td>
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<td><strong>Brotherhood of St Laurence - Coolibah Centre</strong>&lt;br&gt;67a Brunswick Street, Fitzroy, 3065&lt;br&gt;9483 1323 or 1300 147 147&lt;br&gt;<a href="mailto:bacci@bsl.org.au">bacci@bsl.org.au</a>&lt;br&gt;bsl.org.au&lt;br&gt;Contact: Robert Lorenzetto, Welfare Coordinator</td>
<td>Community meals&lt;br&gt;Serves breakfast, lunch and afternoon tea each day. The kitchen is also the home base for cooking groups whose members learn to prepare tasty, nutritious and low-cost meals.</td>
<td>Mon, Tue, Wed, Thu, Fri, Sun&lt;br&gt;8.30am - 3.30pm. Breakfast, lunch and afternoon tea Sunday 10am to 2pm&lt;br&gt;Closed public holidays</td>
<td>Cost&lt;br&gt;Breakfasts cost $1 each, lunches $3 and afternoon tea 20 cents. For over 65s and members only, the annual membership fee is $50.</td>
</tr>
<tr>
<td><strong>Missionaries of Charity Men’s Service, Fitzroy</strong>&lt;br&gt;Rear, 69 George Street, Fitzroy, 3065&lt;br&gt;9417 1704&lt;br&gt;Contact: Sister Jovier</td>
<td>Men’s dinner</td>
<td>Mon, Tue, Sat, Sun&lt;br&gt;4pm - 6pm&lt;br&gt;Closed over Christmas and Easter</td>
<td>Free&lt;br&gt;Men 18+ only</td>
</tr>
<tr>
<td><strong>Open Table</strong>&lt;br&gt;125 Napier Street, Fitzroy, 3065&lt;br&gt;0403 218 123&lt;br&gt;<a href="mailto:hello@open-table.org">hello@open-table.org</a>&lt;br&gt;open-table.org&lt;br&gt;Contact: Angela O’Toole, General Manager</td>
<td>Open Table&lt;br&gt;Weekly lunches in one of the Brunswick, Fawkner, Coburg, North Coburg, Carlton, Richmond or Fitzroy locations.</td>
<td>Visit website or contact Open Table for up to date days and times</td>
<td>Free&lt;br&gt;Everyone is welcome at the free lunches, which aim to have a culturally diverse menu including halal, vegetarian and vegan options</td>
</tr>
<tr>
<td><strong>Society of St Vincent de Paul - soup vans</strong>&lt;br&gt;All Saints Church&lt;br&gt;174 Brunswick Street, Fitzroy, 3065&lt;br&gt;9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td>Fitzroy soup van</td>
<td>Daily&lt;br&gt;7.45pm - 8.15pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
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<tr>
<td>St Mary’s House of Welcome</td>
<td>Community meals</td>
<td>Mon, Tue, Wed, Thu, Fri, Sat</td>
<td>$2 contribution is requested</td>
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<tr>
<td>165-169 Brunswick Street, Fitzroy, 3065 9417 6497 <a href="mailto:admin@smhow.org.au">admin@smhow.org.au</a> smhow.org.au Contact: Jason Keenan, Community Support Worker</td>
<td>St Mary’s House of Welcome is a support centre for disadvantaged people experiencing homelessness.</td>
<td>Breakfast: 8.30am - 9.45am Morning Tea: 10.30am Lunch: 12pm - 1pm Afternoon Tea: 3.30pm Closed Wed and Sat from 1.30pm Closed public holidays</td>
<td>Open to everyone</td>
</tr>
<tr>
<td>North Fitzroy Seventh Day Adventist Church</td>
<td>Open Door - North Fitzroy soup kitchen</td>
<td>Tue, Thu, Sun</td>
<td>Free</td>
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<tr>
<td>27 Alfred Crescent, Fitzroy North, 3068 0409 422 064 northfitzroyadventist.com</td>
<td></td>
<td>6.30pm - 7.30pm</td>
<td>Open to everyone</td>
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<tr>
<td>St Brendan’s Catholic Parish</td>
<td>The Flemington and Kensington community lunch</td>
<td>Mon</td>
<td>Free</td>
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<tr>
<td>103 Wellington Street, Flemington, 3031 9376 7378 <a href="mailto:flemington@cam.org.au">flemington@cam.org.au</a> stbrendansflemington.com.au Contact: Sharon Kane</td>
<td>The Flemington and Kensington community lunch</td>
<td>12pm - 1pm</td>
<td>Closed public holidays</td>
</tr>
<tr>
<td>Asylum Seeker Resource Centre (ASRC)</td>
<td>Community lunch</td>
<td>Mon, Tue, Wed, Thu, Fri</td>
<td>Free</td>
</tr>
<tr>
<td>214-218 Nicholson Street, Footscray, 3011 9326 6066 <a href="mailto:food@asrc.org.au">food@asrc.org.au</a></td>
<td>Nutritious hot lunches that are carefully planned to ensure a well-balanced diet.</td>
<td>12.30pm</td>
<td>Asylum seekers, refugees who are members of the ASRC members only</td>
</tr>
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| **Society of St Vincent de Paul - soup vans**  
Whitten Oval, Corner Barkly Street and Gordon Street, Footscray, 3011  
9895 5800  
soupvans@svdp-vic.org.au  
vinnies.org.au  
Contact: Danusia Kaska, Soup Van Operations Manager | **Footscray soup van** | Mon, Tue, Wed, Thu, Fri, Sun  
8pm approximate arrival time | Free  
Open to everyone |
| **Kensington Neighbourhood House**  
89 McCracken Street, Kensington, 3031  
9376 6366  
info@kenhouse.org.au  
kensingtonneighbourhoodhouse.com  
Contact: Carolyn Webster, Community Development Worker | **Tuesday night social**  
This monthly program provides food, social engagement and companionship for women aged 55+. | Tue  
5.30pm - 8pm  
Operates last Tuesday of the month | Free  
Women 55 years and over |
| **Kensington Neighbourhood House**  
89 McCracken Street, Kensington, 3031  
9036 2996  
info@kenhouse.org.au  
kensingtonneighbourhoodhouse.com  
Contact: Carolyn Webster, Community Development Worker | **Wednesday lunch and bingo**  
Enjoy a two course meal and bingo in the company of this friendly social group. | Wed  
12.30pm - 2pm | $6 lunch, $2 bingo  
Over 55 |
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<tr>
<td>Anglicare - The Lazarus Centre</td>
<td>Community breakfast</td>
<td>Daily 7.30am - 9am, 11am BBQ on Fridays</td>
<td>Free Rough sleepers and people experiencing chronic homelessness</td>
</tr>
<tr>
<td>St Peters Eastern Hill 15 Gisborne Street, Melbourne, 3000 9419 3288 or 0458 750 031 anglicarevic.org.au Contact: Rev. Louise Lang, Coordinator</td>
<td>Supports men and women experiencing homelessness with a nutritious breakfast every day of the year.</td>
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</tr>
<tr>
<td>Many Rooms</td>
<td>The Friday kitchen</td>
<td>Fri 5.30pm - 8pm</td>
<td>Free Must be over 18 years of age. Programs are focused on needs of people experiencing homelessness, but also serves others on low incomes, including pensioners.</td>
</tr>
<tr>
<td>Multicultural Hub 506 Elizabeth St, Melbourne, 3000 0419 690 342 <a href="mailto:jimd@manyrooms.org.au">jimd@manyrooms.org.au</a> manyrooms.org.au</td>
<td>Free meals for disadvantaged people and those experiencing homelessness.</td>
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<td></td>
</tr>
<tr>
<td>Open Family Australia (Open Family Chatterbox Bus or NOSH)</td>
<td>Open family Chatterbox</td>
<td>Wed, Thu, Fri, Sat 9pm - 10pm Closed public holidays</td>
<td>Free Disadvantaged young people aged 12-25</td>
</tr>
<tr>
<td>St Paul’s Cathedral, Corner Flinders Street and Swanston Street, Melbourne, 3000 1300 669 600 <a href="mailto:info@openfamily.com.au">info@openfamily.com.au</a> openfamily.com.au/ Contact: Anthony</td>
<td>Bus outreach service, snacks and tea/coffee.</td>
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<td></td>
</tr>
<tr>
<td>Salvation Army</td>
<td>Hamodova Cafe</td>
<td>Mon, Tue, Wed, Thu, Fri 9am - 1pm Closed public holidays</td>
<td>Free Open to everyone</td>
</tr>
<tr>
<td>69 Bourke Street, Melbourne, 3000 9653 3299 salvationarmy.org.au Contact: Anthony McEvoy, Project 614</td>
<td>A welcoming community centre that provides breakfast and lunch, as well as support to people from all walks of life, especially those living on the margins of society.</td>
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</table>
## COMMUNITY MEALS

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<tr>
<th>WHO</th>
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<th>COST AND CONDITIONS</th>
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<tbody>
<tr>
<td><strong>St Vincent de Paul Society - Soup Vans</strong>&lt;br&gt;Federation Square, Corner of Russell Street and Flinders Street, Melbourne, 3000 9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td><strong>Fitzroy soup van - Federation Square</strong></td>
<td>Daily&lt;br&gt;8.15pm - 8.45pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>St Vincent de Paul Society - Soup Vans</strong>&lt;br&gt;Rebecca Walk (Spencer Street), Batman Park, Melbourne, 3000 9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td><strong>Fitzroy soup van - Batman Park</strong></td>
<td>Daily&lt;br&gt;8.30pm - 9pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>Many Rooms</strong>&lt;br&gt;North Melbourne Community Centre, 49-53 Buncle Street, North Melbourne, 3051 0419 690 342&lt;br&gt;<a href="mailto:jimd@manyrooms.org.au">jimd@manyrooms.org.au</a>&lt;br&gt;manyrooms.org.au</td>
<td><strong>The Saturday kitchen</strong>&lt;br&gt;Free meals for disadvantaged people and those experiencing homelessness.</td>
<td>Sat&lt;br&gt;8.45am - 3pm</td>
<td>Free&lt;br&gt;Does not serve those under 18. Programs are focused on needs of people experiencing homelessness, but also serves others on low incomes, including pensioners.</td>
</tr>
<tr>
<td><strong>Ozanam Community Centre</strong>&lt;br&gt;268 Abbotsford Street, North Melbourne, 3051 9329 6733&lt;br&gt;vincentcare.org.au&lt;br&gt;Contact: Lauren Han, Volunteer Coordinator</td>
<td><strong>Ozanam Community Centre</strong>&lt;br&gt;Drop-in program and meals service. Dietician available on 3rd Monday of the month.</td>
<td>Mon, Tue, Wed, Thu, Fri&lt;br&gt;Breakfast: 9.15am - 10am&lt;br&gt;Lunch: 12pm - 1pm&lt;br&gt;Closed public holidays</td>
<td>$2 donation&lt;br&gt;Provides support to men and women who are experiencing, or at risk of, homelessness, and/or socially excluded.</td>
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<tr>
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</table>
| **Society of St Vincent de Paul - Soup Vans**  
Corner Boundary Road and Macaulay Road, North Melbourne, 3051  
9895 5800  
soupvans@svdp-vic.org.au  
vinnies.org.au  
Contact: Danusia Kaska, Soup Van Operations Manager | **Fitzroy soup van - North Melbourne** | **Daily**  
7pm - 7.30pm  
Approximate arrival time | **Free**  
Open to everyone |
| **The Centre**  
58 Errol Street, North Melbourne, 3051  
9328 1126  
admin@centre.org.au  
centre.org.au  
Contact: Ragn Hannah, Coordinator, Business and Operations | **Drop-in morning tea**  
Provides morning tea in an inclusive environment. | **Tue**  
10am - 12pm, 1st Tuesday of the month. Does not run on public holidays or school holidays. | **$4**  
Open to everyone |
| **Melbourne University Food Co-op**  
Level 1 Union House, University of Melbourne, Parkville, 3010  
9347 8716  
yourfoodcoop@gmail.com | **Food co-op**  
This member-run co-op sells lunch and seasonal, fresh, local produce at affordable prices. | **Wed, Thu, Fri**  
10am - 3pm | **Low cost**  
Open to everyone |
| **Prahran City Mission**  
211 Chapel Street, Prahran, 3181  
9692 9500  
prahranmission.org.au  
Contact: Michael Scott, Community Services Manager | **Hartley's community dining room**  
Serves hot breakfasts during the winter months, and weekday lunches to the economically and socially disadvantaged. | **Mon, Tue, Wed, Thu, Fri**  
11am - 2pm  
Winter breakfast runs June to August, 7.30am - 9.30am | **Low cost meals**  
Open to everyone |
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<tr>
<td><strong>Society of St Vincent de Paul - Soup Vans</strong>&lt;br&gt;Corner Hoddle Street and Wellington Parade&lt;br&gt;Richmond, 3121&lt;br&gt;9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td>Collingwood soup van - Richmond</td>
<td>Mon&lt;br&gt;7.30pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>Meals @ the Bridge Lifeline Inc.</strong>&lt;br&gt;St Lukes Church Hall&lt;br&gt;210 Dorcas Street, South Melbourne&lt;br&gt;9836 7040 or 0402 252041&lt;br&gt;<a href="mailto:contact@mealsatthebridge.org">contact@mealsatthebridge.org</a>&lt;br&gt;mealsatthebridge.org&lt;br&gt;Contact: Michael Carter, CEO</td>
<td>Meals at the bridge&lt;br&gt;Serves meals to marginalised, socially disadvantaged people and those experiencing homelessness.</td>
<td>Fri, Sat&lt;br&gt;Fri: 7.30pm&lt;br&gt;Sat: 4.30pm&lt;br&gt;Closed public holidays</td>
<td>Free&lt;br&gt;Aimed at people who are experiencing homelessness, are marginalised or socially disadvantaged</td>
</tr>
<tr>
<td><strong>Open House at St. Peter and St. Paul’s Church</strong>&lt;br&gt;377 Dorcas Street, South Melbourne, 3205&lt;br&gt;9690 5895&lt;br&gt;<a href="mailto:sppchurch@hotmail.com">sppchurch@hotmail.com</a>&lt;br&gt;sppchurch.org.au&lt;br&gt;Contact: Julian Messina, CEO, Parish</td>
<td>Breakfast, BBQ lunch, dinner and tea/coffee&lt;br&gt;Provides a range of services to those in need in the area.</td>
<td>Mon, Tue, Wed, Thu, Fri&lt;br&gt;Mon - Tues: dinner 5pm, tea/coffee 11am - 3pm&lt;br&gt;Wed: breakfast 10am, tea/coffee 11am - 3pm&lt;br&gt;Thur: tea/coffee 11am - 3pm&lt;br&gt;Fri: BBQ lunch 12.30pm, tea/coffee 11am - 3pm&lt;br&gt;Closed public holidays</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>South Yarra Senior Citizens Centre</strong>&lt;br&gt;65 Toorak Road West, South Yarra, 3141&lt;br&gt;9820 2760&lt;br&gt;Contact: Farhad Malhai</td>
<td>Senior Citizen Centres,&lt;br&gt;Food with Friends&lt;br&gt;Three course meals from different cuisines for older adults in the City of Melbourne’s Senior Citizen Centres.</td>
<td>Fri&lt;br&gt;12pm for lunch, 2nd and 4th Friday of the month.&lt;br&gt;Closed public holidays</td>
<td>$7.50&lt;br&gt;Senior citizens 55+</td>
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</table>
| **St Vincent de Paul Society - Soup Vans**  
Hanover House, 52 Haig Street, Southbank, 3205 9895 5800  
soupvans@svdp-vic.org.au  
vinnies.org.au  
Contact: Danusia Kaska, Soup Van Operations Manager | **Fitzroy soup van - Southbank** | **Daily**  
9pm - 9.30pm  
Approximate arrival time | **Free**  
Open to everyone |
| **Sacred Heart Mission - Community Meals**  
87 Grey Street, St Kilda, 3182  
9537 1166  
info@sacredheartmission.org  
sacredheartmission.org | **Meals program**  
Provides hearty, nutritious meals to people who are socially disadvantaged and isolated or experiencing homelessness. | **Daily**  
Breakfast: 8.30am - 10.30am  
Lunch: 11.45am - 1.15pm | **Free**  
Open to everyone |
| **Sacred Heart Mission - Community Meals**  
Sacred Heart Mission Women’s House  
65 Robe Street, St Kilda, 3182  
9537 1166  
info@sacredheartmission.org  
sacredheartmission.org | **Women’s lunch**  
Provides a safe and supportive environment for women from diverse cultures and backgrounds, who are experiencing homelessness or are at risk of becoming homeless. | **Mon, Tue, Wed, Thu, Fri**  
11.30am - 3pm | **Free**  
Women only |
| **St Kilda Baptist Community Kitchen**  
9 Pakington Street, St Kilda, 3182  
0412 383 162  
Contact: Ross Dickson, Coordinator | **St Kilda community kitchen**  
Distribution of food donations. | **Mon**  
6pm  
Closed all of January and public holidays | **Free**  
Open to everyone |
## COMMUNITY MEALS

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<tr>
<td><strong>Star Health - Wominjeka BBQ</strong>&lt;br&gt;Veg Out Community Garden in St Kilda (opposite Luna Park)&lt;br&gt;Corner of Shakespeare Grove and Chaucer Street, St Kilda, 3182&lt;br&gt;9525 1300&lt;br&gt;Contact: Mark, Indigenous Access Coordinator</td>
<td>Wominjeka BBQ&lt;br&gt;This weekly BBQ is for anyone from the Aboriginal and Torres Strait Islander community.</td>
<td>Mon&lt;br&gt;11.30am&lt;br&gt;Closed public holidays</td>
<td>Free&lt;br&gt;Aboriginal and Torres Strait Islander</td>
</tr>
<tr>
<td><strong>St Vincent de Paul Society - Soup Vans</strong>&lt;br&gt;Queen Victoria Market (Car Park), Peel Street, West Melbourne, 3003&lt;br&gt;9895 5800&lt;br&gt;<a href="mailto:soupvans@svdp-vic.org.au">soupvans@svdp-vic.org.au</a>&lt;br&gt;vinnies.org.au&lt;br&gt;Contact: Danusia Kaska, Soup Van Operations Manager</td>
<td>Fitzroy soup van - West Melbourne</td>
<td>Daily&lt;br&gt;9.15pm - 9.45pm&lt;br&gt;Approximate arrival time</td>
<td>Free&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td><strong>cohealth</strong>&lt;br&gt;Participating cafes in various locations in Melbourne.&lt;br&gt;(03) 9448 5536 or 1300 022 247&lt;br&gt;<a href="mailto:susan.whitelock@cohealth.org.au">susan.whitelock@cohealth.org.au</a>&lt;br&gt;cohealth.org.au&lt;br&gt;Contact: Susan Whitelock</td>
<td>Cafe meals program&lt;br&gt;Subsidised meals at local cafes for people experiencing homelessness.</td>
<td>Available during regular cafe opening hours, check with individual businesses&lt;br&gt;Participants can get one meal a day, every day of the week. Members can choose breakfast, lunch or dinner.</td>
<td>$2 buys a meal to the value of $10&lt;br&gt;People experiencing homelessness. Must be a member of the program. To enquire about membership, contact the program worker.</td>
</tr>
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</table>
City of Melbourne’s community meals subsidy

Would you like information about how you can enjoy a meal with a local community group? The City of Melbourne provides community meal subsidies for organisations that support older people to meet and share a meal on a regular basis. Older people and organisations supporting older people are eligible to apply for a $4 subsidy per person for a maximum number of 12 community meal sessions with a maximum subsidy for 200 meals per session. There are currently more than 35 diverse community groups and organisations including Lithuanian, Greek, Italian, Chinese and Spanish that regularly meet to share a meal in the municipality.

If you would like more information or if you have a group who is interested in applying for a community meal subsidy, contact the City of Melbourne on 9658 9658.
Food Education

Learn about how food is grown, sourced and how to cook delicious healthy meals affordably through one of these food education programs. Includes cooking, food growing and nutrition classes and community kitchens.
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<tr>
<td><strong>Collingwood Children’s Farm</strong> 18 St Heliers Street, Abbotsford, 3067 9417 5806 <a href="mailto:staff@farm.org.au">staff@farm.org.au</a> farm.org.au Contact: Anita Stec</td>
<td><strong>School tours</strong> Farm tours last approximately two hours. Children can learn from trained staff how to milk a cow, bottle-feed the lambs (seasonal), correctly approach and handle farm animals and sustainable landcare principles.</td>
<td>Mon, Tue, Wed, Thu, Fri Farm tours commence at 10am. Afternoon farm tours can be arranged by appointment. Check website for school holiday programs.</td>
<td><strong>$7 per person</strong> Open to everyone - aimed at children and students</td>
</tr>
<tr>
<td><strong>Collingwood Children’s Farm</strong> 18 St Heliers Street, Abbotsford, 3067 9417 5806 <a href="mailto:staff@farm.org.au">staff@farm.org.au</a> farm.org.au Contact: Anita Stec</td>
<td><strong>Volunteer gardening sessions</strong> Keen gardeners or those who’d like to learn more about gardening can join in these volunteer sessions to learn more about land care and harvesting fruit and vegetables.</td>
<td>Tue Every Tuesday afternoon, from 1.30pm except during the school holidays</td>
<td><strong>Free</strong> Those aged 18+ need to have a valid Working With Children Check</td>
</tr>
<tr>
<td><strong>Brotherhood of St Laurence - Coolibah Centre</strong> 67a Brunswick Street, Fitzroy, 3065 9483 1323 or 1300 147 147 <a href="mailto:bacci@bsl.org.au">bacci@bsl.org.au</a> bsl.org.au Contact: Robert Lorenzetto</td>
<td><strong>Cooking groups and gardening classes</strong> Held in Coolibah’s vegetable patch and community kitchen.</td>
<td>Mon and Tue Cooking Monday: 9.30am - 11.30am Gardening Tuesday: 9.30am - 11.30am Closed public holidays</td>
<td><strong>Free</strong> For members. Over 65s only, annual membership costs $50</td>
</tr>
</tbody>
</table>
### WHO

**Cultivating Community**  
Napier Street, Fitzroy, 3065  
9429 3084  
peta@cultivatingcommunity.org.au  
Contact: Peta Christensen

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**cohealth**  
12 Gower Street, Kensington, 3031  
8378 3515  
susan.whitelock@cohealth.org.au  
cohealth.org.au  
Contact: Sujata Joshi

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**cohealth**  
53 Victoria Street, Melbourne, 3000  
9448 5536  
susan.whitelock@cohealth.org.au  
cohealth.org.au  
Contact: Susan Whitelock

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### WHAT

**Fitzroy Community Food Centre**  
Located at the Fitzroy community garden, the programs offered through the kitchen help people to access fresh food, learn about growing and preparing food and also provide opportunities to share food in a spirit of conviviality.

**cohealth nutrition education and support**  
Access by referral from health professional or contact us directly.

**cohealth nutrition education and support**  
Drop-in service available.

### WHEN

Daily  
Kitchen available for use by community groups and social enterprises 9am - 5pm on weekdays and by appointment on weekends. Workshops also run weekly. Contact Peta Christensen for more information.

Mon, Tue, Wed, Thu, Fri  
9am - 4.30pm  
Closed public holidays

Mon, Thu, Fri  
10am - 4pm  
Closed public holidays

### COST AND CONDITIONS

Free  
Open to everyone

Free  
Refugees and asylum seekers, Aboriginal and Torres Strait Islander people and people experiencing homelessness
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| Queen Victoria Market  
Corner of Victoria Street and Elizabeth Street, Melbourne, 3000  
9320 5822  
quvm.com.au  
Contact: Carmen | School tours at Queen Victoria Market  
Enjoy a fun educational tour through the historic Queen Victoria Market. On this one hour guided tour, students have the opportunity to learn about fresh produce and how it gets from the farm to the plate. | Contact QVM for details on when tours run and bookings | Approximately $12 per person  
Students |
| Queen Victoria Market  
Corner of Victoria Street and Elizabeth Street, Melbourne, 3000  
9320 5822  
quvm.com.au  
Contact: Carmen | Foodie tours  
Guided 90 minute tour. Discover amazing stories about the Market’s history, learn secret shopping tips and get to know some of the traders. | Tue, Thu, Sat  
Tours run at 9am and 11am  
Closed public holidays | $69 per person  
Open to everyone |
| YMCA Victoria - North Melbourne Community Centre  
49-53 Buncle Street, North Melbourne, 3051  
9320 4700  
Hanna.Tadesse@ymca.org.au  
melbourne.vic.gov.au/  
Contact: Hanna Tadesse | Nutrition seminars  
Quarterly seminars on popular nutrition issues. | Information on time provided closer to seminar | Free  
Open to everyone |
| The Social Food Project  
53/26-36 High Street, Northcote, 3070  
0412 342 504  
benmac@socialfoodproject.com  
socialfoodproject.com  
Contact: Ben McMenamin | Farmer to table cooking workshops  
Brings together food producers and eaters in a fun, interactive cooking class. | Workshops run on an ad hoc basis  
See website for more information | $100 per person  
Booking essential |
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<tr>
<td><strong>Melbourne University Community Garden</strong>&lt;br&gt; Monash Road, Parkville, 3052&lt;br&gt; <a href="mailto:mucgarden@gmail.com">mucgarden@gmail.com</a>&lt;br&gt; facebook.com/MU.CommunityGarden&lt;br&gt; mucgarden.weebly.com</td>
<td><strong>Food growing workshops and working bees</strong>&lt;br&gt; Accessible to students, ex-students and locals to participate in food growing and workshops.</td>
<td>Various times and days&lt;br&gt; Visit Facebook page for upcoming events</td>
<td>Free</td>
</tr>
<tr>
<td><strong>South Port Uniting Church</strong>&lt;br&gt; 144 Bridge Street, Port Melbourne, 3207&lt;br&gt; 9690 1188&lt;br&gt; <a href="mailto:janet.hoare@southportuniting.org.au">janet.hoare@southportuniting.org.au</a>&lt;br&gt; spuc.org.au&lt;br&gt; Contact: Janet Hoare</td>
<td><strong>Kitchen Mates and Grow and Eat</strong>&lt;br&gt; Social cooking using garden produce.</td>
<td>Wed, Fri&lt;br&gt; Grow and Eat: 1.30pm - 3pm, 1st Wednesday of the month (not January)&lt;br&gt; Kitchen Mates: 11am - 1.30pm every second Friday</td>
<td>$2 - $7&lt;br&gt; Open to everyone, bookings required</td>
</tr>
<tr>
<td><strong>South Port Uniting Church</strong>&lt;br&gt; 144 Bridge Street, Port Melbourne, 3207&lt;br&gt; 9690 1188&lt;br&gt; <a href="mailto:janet.hoare@southportuniting.org.au">janet.hoare@southportuniting.org.au</a>&lt;br&gt; spuc.org.au&lt;br&gt; Contact: Janet Hoare</td>
<td><strong>Seasonal gardening activities</strong>&lt;br&gt; Gardening workshops for beginners to experts.&lt;br&gt; Gloves and tools provided.</td>
<td>Wed&lt;br&gt; Gardening for beginners to experts: 11.30am - 1pm.&lt;br&gt; Gardening for preschool families (school term time): 1.15pm - 2pm.</td>
<td>Open to everyone</td>
</tr>
<tr>
<td><strong>South Melbourne Market</strong>&lt;br&gt; Corner of Coventry Street and Cecil Street&lt;br&gt; South Melbourne, 3205&lt;br&gt; 9209 6295&lt;br&gt; <a href="mailto:smm@portphilip.vic.gov.au">smm@portphilip.vic.gov.au</a>&lt;br&gt; southmelbournemarket.com.au&lt;br&gt; Contact: Meg Dallalana</td>
<td><strong>The Neff Market Kitchen</strong>&lt;br&gt; Offering a range of classes at differing levels of skill and price point, The Neff Market Kitchen brings together some of Melbourne’s best chefs with people who are passionate about cooking in an innovative culinary space.</td>
<td>Various times and days&lt;br&gt; Visit website for further details</td>
<td>Various prices&lt;br&gt; Bookings essential via website or phone</td>
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<tr>
<td>Prahran Market</td>
<td>Hidden gem market tours</td>
<td>Sat 12pm first Saturday of every month</td>
<td>Free Open to everyone. Bookings must be made in advance. Tours will only run with a minimum of two participants. See website for details.</td>
</tr>
<tr>
<td>163 Commercial Road, South Yarra, 3141 8290 8220 <a href="mailto:stefanie.mullin@prahranmarket.com.au">stefanie.mullin@prahranmarket.com.au</a> prahranmarket.com.au Contact: Stefanie Mullin</td>
<td>A guided tour, fantastic Prahran Market shopping bag, exclusive market insights and more.</td>
<td></td>
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<tr>
<td>Star Health</td>
<td>Gardening veg out group</td>
<td>Wed 10.30am - 12pm every second Wednesday (may be cancelled due to wet weather)</td>
<td>Free Referral may be required. Transport can be arranged.</td>
</tr>
<tr>
<td>Corner of Shakespeare Grove and Chaucer Street, St Kilda, 3182 9525 1300 <a href="mailto:ihoward@starhealth.org.au">ihoward@starhealth.org.au</a> Contact: Imogen Howard</td>
<td>Food growing classes.</td>
<td></td>
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<tr>
<td>Permablitz Melbourne</td>
<td>Permablitz</td>
<td>Various times and days</td>
<td>Free Open to everyone, regardless of skill level or physical capacity. We especially welcome first time gardeners. Just come and contribute any way you are able.</td>
</tr>
<tr>
<td><a href="mailto:permablitz@gmail.com">permablitz@gmail.com</a> permablitz.com Contact: Adrian</td>
<td>Permablitz is an informal gathering where people come together to create or add to edible public and private gardens. Permablitzes are free events, open to the public, with free workshops and shared food. The permablitz network is based on reciprocal volunteer support.</td>
<td>Visit website for further details</td>
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**Dietician outreach services**

Do you know someone who needs advice and direction about their nutrition? Cohealth runs dietician outreach sessions run at several locations across the City of Melbourne. These are either fortnightly or monthly services. Contact the individual service via the relevant number below for dates.

**Ozanam Community Centre**  
268 Abbotsford Street, North Melbourne, 3051  
Phone 9329 6733 for an appointment

**Frontyard Youth Services**  
19 King St, Melbourne, 3000  
Phone 9611 2411 for an appointment

**The Living Room**  
7-9 Hosier Lane, Melbourne, 3000  
Phone 9945 2100 for an appointment

Dieticians from Cohealth also attend some local community meals to provide free advice and support in a relaxed environment. These services change from month to month.

Call 9677 0800 or 1300 022 247 to find out dates.
If you know someone who’d like to grow their own fresh fruit and vegetables, but doesn’t have a garden or balcony of their own, community gardens can play an important role.

Gardens and shared planter-boxes may be on public housing estates, vacant blocks, footpaths or land awaiting development.
<table>
<thead>
<tr>
<th>WHO</th>
<th>WHAT</th>
<th>WHEN</th>
<th>COST AND CONDITIONS</th>
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</thead>
</table>
| **Docklands Community Garden**  
Geografe Street, Docklands, 3008  
0408 818 980  
activators@docklandsgarden.org  
docklandsgarden.org  
Contact: Greg Wise | Community garden  
Food growing, working bees and workshops. | Garden is publicly accessible at all times | Free  
Open to everyone, however mostly aimed at Docklands residents and workers |
| **East Melbourne Community Garden**  
Sinclair’s Cottage, Fitzroy Gardens, East Melbourne, 3002  
eastmelbcommgarden@gmail.com | Community garden  
Community garden for East Melbourne residents. To be placed on the waiting list send an email to the membership secretary. | Open during daylight hours | Fees set each year by the Committee of Management  
Must be a resident of East Melbourne |
| **Brotherhood of St Laurence - Coolibah Centre**  
67a Brunswick Street, Fitzroy, 3065  
9483 1323 or 1300 147 147  
bacci@bsl.org.au  
bsl.org.au  
Contact: Robert Lorenzetto | Coolibah’s vegetable patch  
(see Food Education section for information about classes). | Mon, Tue, Wed, Thu, Fri, Sun  
The centre is open from 8.30am to 3.30pm. On Sunday and public holidays the hours are 10am to 2pm. The centre is closed on Saturdays. | Free for members  
Over 65s only. Annual membership costs $50 |
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<tr>
<th>WHO</th>
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<th>COST AND CONDITIONS</th>
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</thead>
<tbody>
<tr>
<td>Kensington Community Garden</td>
<td>Kensington Community Garden</td>
<td>Contact for more information</td>
<td>Kensington residents&lt;br&gt;There is currently a waiting list for this garden</td>
</tr>
<tr>
<td>118-128 Westbourne Road, Kensington, 3031 9376 1633</td>
<td>The gardens provide the opportunity for local residents to grow herbs and vegetables for personal use. The gardens also provide a perfect community space for people to come together and socialise. Plots when available are allocated to 3031 residents on the wait list.</td>
<td></td>
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<tr>
<td><a href="mailto:kensington@ymca.org.au">kensington@ymca.org.au</a></td>
<td></td>
<td></td>
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<tr>
<td>kensingtonassociation.org.au</td>
<td></td>
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<tr>
<td>Contact: YMCA, Kensington Community Recreation Centre</td>
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</tr>
<tr>
<td>Arden Street Community Garden</td>
<td>Arden Street Community Garden</td>
<td>Garden is publicly accessible at all times</td>
<td>Available for use by members&lt;br&gt;To enquire about membership or to volunteer your time, contact Kensington Neighbourhood House.</td>
</tr>
<tr>
<td>321 Arden Street, Kensington, 3031 9376 6367</td>
<td>This street garden was built and maintained with support from business owner Frank Menis, Flemington Community Bank, City of Melbourne and Living Learning Australia. Fruit trees will be planted on the corner of Arden and Lloyd Streets. Open to new members.</td>
<td></td>
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</tr>
<tr>
<td><a href="mailto:loretta.c@kenhouse.org.au">loretta.c@kenhouse.org.au</a></td>
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<tr>
<td>kensingtonneighbourhoodhouse.com</td>
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<tr>
<td>Contact: Loretta Curtin</td>
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<tr>
<td>Community herb share program and community garden</td>
<td>Community herb share program and community garden</td>
<td>Garden can be accessed all times</td>
<td>$20 annual membership&lt;br&gt;Open to everyone</td>
</tr>
<tr>
<td>89 McCracken Street, Kensington, 3031 9376 6366</td>
<td>Shared planter boxes with freshly grown herbs accessible to members.</td>
<td></td>
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<tr>
<td>kensingtonneighbourhoodhouse.com</td>
<td></td>
<td></td>
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<tr>
<td><a href="mailto:info@kenhouse.org.au">info@kenhouse.org.au</a></td>
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<tr>
<td>Contact: Carolyn Webster, Community Development Worker</td>
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<tr>
<td>WHO</td>
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<tr>
<td><strong>Melbourne University Community Garden</strong></td>
<td>Melbourne University community garden</td>
<td>Garden can be accessed all times</td>
<td>Free  Open to everyone</td>
</tr>
<tr>
<td>Monash Road, Parkville, 3052</td>
<td>Accessible to students, ex-students and locals to participate in food growing and workshops.</td>
<td></td>
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<tr>
<td><a href="mailto:mucgarden@gmail.com">mucgarden@gmail.com</a></td>
<td></td>
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<tr>
<td>mucgarden.weebly.com</td>
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<tr>
<td>facebook.com/MU.CommunityGarden</td>
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<tr>
<td><strong>South Port Uniting Church</strong></td>
<td>Simply living community garden</td>
<td>Open all year round (see Food Education section for information about workshops)</td>
<td>Everyone is welcome to join in the activities held in and around the garden or simply enjoy the space. We invite the community to pick herbs and vegetables but ask people to only take as much as they need. Contributions of time, expertise, materials, compost scraps or donations are welcome.</td>
</tr>
<tr>
<td>144 Bridge Street, Port Melbourne, 3207</td>
<td>The Simply Living Community Garden in the church grounds is open all year round. It includes an edible garden with herbs, vegetables and fruit, community composting bays and seating in shade and sun.</td>
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<tr>
<td>9690 1188</td>
<td></td>
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<tr>
<td><a href="mailto:janet.hoare@southportuniting.org.au">janet.hoare@southportuniting.org.au</a></td>
<td></td>
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<tr>
<td>spuc.org.au</td>
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<tr>
<td>Contact: Janet Hoare</td>
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<tr>
<td><strong>Boyd Community Hub</strong></td>
<td>Boyd planter boxes</td>
<td>Open to public access</td>
<td>Free  Open to everyone</td>
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<tr>
<td>207 City Road, Southbank, 3006</td>
<td>Providing local residents with the opportunity to garden and grow herbs.</td>
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<tr>
<td>9658 8317</td>
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<tr>
<td><a href="mailto:boyd@melbourne.vic.gov.au">boyd@melbourne.vic.gov.au</a></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>melbourne.vic.gov.au</td>
<td></td>
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<tr>
<td>Contact: Nadine Ford</td>
<td></td>
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<tr>
<td><strong>Veg Out Community Gardens St Kilda Inc.</strong></td>
<td>Veg Out community gardens</td>
<td>9am - 4pm in winter 9am - 6pm in summer</td>
<td>Open to everyone ‘Friend’ membership costs $15</td>
</tr>
<tr>
<td>Corner of Shakespeare Grove and Chaucer Street, St Kilda, 3182</td>
<td>Veg Out is an organic, chemical free community garden run by volunteers. Become a Friend of the garden by registering online.</td>
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<tr>
<td><a href="mailto:hello@vegout.org.au">hello@vegout.org.au</a></td>
<td></td>
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<tr>
<td>vegout.org.au</td>
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<tr>
<td>Contact: Hugh or Sally</td>
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Public housing community gardens program

Do you live in public housing and wish to access a community garden? Cultivating Community currently supports 21 public housing community gardens as well as non-public housing gardens. Funding comes from the Victorian Government through the public housing section of the Department of Human Services.

Listed right of page are the public housing community gardens in inner Melbourne. You must be a public housing resident to use these gardens and many require key access. Access times vary for each garden.

For more information contact Ben Liney on (03) 9429 3084 or benliney@cultivatingcommunity.org.au Or visit the website at cultivatingcommunity.org.au

Interested in growing your own food?

• Save energy and water, reduce waste and live sustainably: melbourne.vic.gov.au/energysaver
• Find out how to get funding support through a community grant to set up a community or neighborhood garden melbourne.vic.gov.au/greenspaces
• Find out how to plant and maintain gardens on nature strips and medium strips through these street garden guidelines melbourne.vic.gov.au/greenspaces
• Find out about ways to play a role in greening our city, whether through green roofs or vertical green walls melbourne.vic.gov.au/greencity

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>ADDRESS</th>
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<tbody>
<tr>
<td>Alfred Street</td>
<td>33 Alfred Street</td>
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<tr>
<td>Buncle Street</td>
<td>Corner Buncle and Mark Streets</td>
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<tr>
<td>Crown Street</td>
<td>29 Crown Street</td>
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<tr>
<td>Emerald Street</td>
<td>24 Emerald Street</td>
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<tr>
<td>Fitzroy (Asherton Gardens Estate)</td>
<td>125 Napier Street</td>
</tr>
<tr>
<td>Flemington</td>
<td>120 Racecourse Road</td>
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<tr>
<td>Gronn Place</td>
<td>End Gronn Place</td>
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<tr>
<td>Highett Street</td>
<td>139 Highett Street</td>
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<tr>
<td>Hoddle Street 229</td>
<td>229 Hoddle Street</td>
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<tr>
<td>Hoddle Street 253</td>
<td>253 Hoddle Street</td>
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<tr>
<td>Holmes Street</td>
<td>1 Holmes Street</td>
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<tr>
<td>Inkerman Street</td>
<td>150 Inkerman Street</td>
</tr>
<tr>
<td>King Street (three small gardens)</td>
<td>25 King Street</td>
</tr>
<tr>
<td>Lennox Street</td>
<td>13 Lennox Street</td>
</tr>
<tr>
<td>Lygon Street</td>
<td>530 Lygon Street</td>
</tr>
<tr>
<td>Neill Street</td>
<td>140 Neill Street</td>
</tr>
<tr>
<td>Park Towers</td>
<td>255 Bank Street</td>
</tr>
<tr>
<td>Union Street</td>
<td>49 Union Street</td>
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<tr>
<td>Wingate Avenue</td>
<td>22-24 Wingate Avenue</td>
</tr>
</tbody>
</table>
Love Melbourne’s markets, their fresh produce and being able to speak to growers and producers?

Or want to know how you can buy ethical fresh food and groceries without going to a supermarket?

There are a number of options in Melbourne to access fresh, locally produced fresh food and groceries.
Fresh food markets

We’re fortunate in Melbourne to have a number of fresh food markets operate regularly at public locations. These often allow farmers and food producers to sell their fresh produce direct to the community, often for less than you’d pay in the grocery store or supermarket. If you go towards the closing time of the market, some vendors may sell their remaining perishable items at a discount. Entry is free to most markets, or it’s a gold coin donation.

Melbourne Farmers Markets are dedicated to Victorian food and producers, regional food cultures, seasonal produce, biodiversity, sustainable farming practices and the strengthening of relationships between the consumer and the producer. All upcoming markets are listed on their website mfm.com.au

Food cooperatives

A food cooperative (or ‘co-op’) is a group of people who get together to buy food in bulk direct from wholesalers or from farmers. Co-ops operate like grocery stores that is collectively started, owned and run by its members. By buying in bulk, co-op members are able to get fresh, quality food at reduced prices. Buying ‘bulk’ doesn’t mean you have to buy lots of it, just come in and refill your container and pay by weight.

Most co-ops specialise in natural, organic and locally grown foods. Members usually pay an annual fee which goes towards the co-ops running costs.

Food delivery

Get groceries delivered to your home with these programs, which offer online ordering and home delivery of locally-grown produce. If you prefer to shop at the major supermarkets, Coles and Woolworths, also offer home delivery services.

For Coles, call 1800 455 400 or visit the Coles website colesonline.com.au

For Woolworths, call 1300 666 377 or visit the Woolworths website homeshop.com.au
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<tr>
<th>WHO</th>
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</table>
| **Melbourne Farmers Market**  
St Heliers Street, Abbotsford, 3067  
9419 0826  
info@mfm.com.au or marketing@mfm.com.au  
mfm.com.au  
Contact: MFM office | **Collingwood Farmers’ Market** | **Sat**  
8am - 1pm  
Open second Saturday of each month | **Adults $2**  
To support projects at Collingwood Children's Farm. Free entry for children. |
| **Melbourne Farmers Market**  
St Heliers Street, Abbotsford, 3067  
9419 0826  
info@mfm.com.au or marketing@mfm.com.au  
mfm.com.au  
Contact: MFM office | **Slow Food Melbourne Farmers Market** | **Sat**  
8am - 1pm  
Open fourth Saturday of each month | **Gold coin donation** |
| **Melbourne Farmers Market**  
21 Graham Street, Albert Park, 3206  
9419 0826  
info@mfm.com.au or marketing@mfm.com.au  
mfm.com.au  
Contact: MFM office | **Gasworks Farmers’ Markets** | **Sat**  
8am - 1pm  
Open third Saturday of each month | **Free entry** |
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<th>WHO</th>
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<th>COST AND CONDITIONS</th>
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<tbody>
<tr>
<td><strong>Brunswick Uniting Church</strong>&lt;br&gt;212-214 Sydney Road, Brunswick, 3056&lt;br&gt;0431 193 810 or 0414 319 649&lt;br&gt;brunswick.unitingchurch.org.au&lt;br&gt;Contact: Glenice Cook</td>
<td>Brunswick Uniting food co-operative&lt;br&gt;Reduces packaging and, where possible, purchases organic and Australian grown foods and to care for the earth as a cooperative community.</td>
<td>Sat&lt;br&gt;10am and 12pm&lt;br&gt;Third Saturday of the month</td>
<td>$1 membership</td>
</tr>
<tr>
<td><strong>Urban Orchard</strong>&lt;br&gt;Stewart Street and Roberts Street, Brunswick East, 3057&lt;br&gt;<a href="mailto:urbanorchard@ceres.org.au">urbanorchard@ceres.org.au</a>&lt;br&gt;Contact: April</td>
<td>Urban Orchard&lt;br&gt;A collection of folk from over 200 households across the inner northern suburbs of Melbourne who swap and share excess produce from their backyard gardens.</td>
<td>Sat&lt;br&gt;10am - 1pm (when CERES market is open)</td>
<td>Members of the project leave their excess fruit, vegetables, herbs etc on the swap table and take produce others have dropped off&lt;br&gt;Visit the stall on market day to get involved</td>
</tr>
<tr>
<td><strong>Melbourne Farmers Market</strong>&lt;br&gt;Corner of Palmerston and Drummond Streets, Carlton, 3053&lt;br&gt;9419 0826&lt;br&gt;<a href="mailto:info@mfm.com.au">info@mfm.com.au</a> or <a href="mailto:marketing@mfm.com.au">marketing@mfm.com.au</a>&lt;br&gt;mfm.com.au&lt;br&gt;Contact: MFM office</td>
<td>Carlton Farmers’ Market</td>
<td>Sat&lt;br&gt;8am and 1pm&lt;br&gt;First Saturday of each month</td>
<td>Entry to the market is by gold coin donation which supports the school's programs</td>
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<tr>
<td><strong>Friends of The Earth</strong>&lt;br&gt;312 Smith Street, Collingwood, 3066&lt;br&gt;9417 4382&lt;br&gt;melbournefoe.org.au&lt;br&gt;Contact: Cam Walker</td>
<td><strong>Friends of the Earth Food co-op and cafe</strong>&lt;br&gt;Provides affordable, locally grown, organic food. Bring your own bags and containers or cup for take away tea and coffee. The café also offers cheap lunchtime meals from 12pm using food from the co-op.</td>
<td><strong>Daily</strong>&lt;br&gt;10am - 6pm Monday - Friday&lt;br&gt;10am - 5pm Saturdays&lt;br&gt;11am - 4pm Sundays (Café opens at 12pm) Closed public holidays</td>
<td><strong>Low cost foods and meals</strong>&lt;br&gt;Annual membership for Co-op is available. Volunteers get a 15% discount off their shopping in the co-op. If you are interested in volunteering, visit the website.</td>
</tr>
<tr>
<td><strong>Flemington Farmers Market</strong>&lt;br&gt;169-175 Mount Alexander Road, Flemington, 3031&lt;br&gt;0407 411 198&lt;br&gt;flemingtonfarmersmarket.com.au&lt;br&gt;Contact: Don Linke</td>
<td><strong>Flemington Farmers’ Market</strong>&lt;br&gt;Stallholders sell fresh food and local produce, all grown and made themselves.</td>
<td><strong>Sun</strong>&lt;br&gt;9am - 1pm&lt;br&gt;Open every Sunday Closed over Christmas</td>
<td><strong>Free entry</strong></td>
</tr>
<tr>
<td><strong>Ceres Fair Food</strong>&lt;br&gt;673 6288&lt;br&gt;<a href="mailto:info@ceresfairfood.org.au">info@ceresfairfood.org.au</a>&lt;br&gt;ceresfairfood.org.au&lt;br&gt;Contact: Customer Service (Kate or Laura)</td>
<td><strong>Fair Food delivery service</strong>&lt;br&gt;Delivers fair, fresh food and groceries throughout Melbourne.</td>
<td><strong>Mon, Tue, Wed, Thu, Fri</strong>&lt;br&gt;11am - 7pm</td>
<td><strong>See website for pricing and delivery fees for your area</strong></td>
</tr>
<tr>
<td><strong>Organic Angels</strong>&lt;br&gt;Box Hill South, 3128&lt;br&gt;9890 0776&lt;br&gt;<a href="mailto:enquiries@organicangels.com.au">enquiries@organicangels.com.au</a>&lt;br&gt;organicangels.com</td>
<td><strong>Organic Angels - food delivery</strong>&lt;br&gt;Delivers organic produce directly to your door. Sourcing the best Australian certified organic produce. Delivers to most locations in Melbourne.</td>
<td><strong>Delivery times vary for each suburb / post code</strong>&lt;br&gt;Contact Organic Angels for more information. Closed public holidays</td>
<td><strong>Mixed fruit and vegetable boxes start from $46.50 plus delivery</strong>&lt;br&gt;See website for detailed pricing</td>
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<tr>
<td><strong>Organic Empire</strong></td>
<td>Organic Empire - delivery service</td>
<td>Thu and Fri</td>
<td>See website for pricing</td>
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<tr>
<td>9737 9677</td>
<td>Locally sourced from a farm in the Yarra Valley, they deliver sustainable, local and organic foods, fruits and vegetables, and groceries to your home or office throughout Melbourne.</td>
<td>Delivers 9am - 5pm</td>
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<tr>
<td><a href="mailto:tastesbetter@organicempire.com.au">tastesbetter@organicempire.com.au</a></td>
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<td>organicempire.com.au</td>
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<tr>
<td>Contact: Ange Joffrey</td>
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<tr>
<td><strong>Street Organics</strong></td>
<td>Home delivery - healthy food options</td>
<td>Daily</td>
<td>Minimum order $55 for deliveries in Greater Melbourne</td>
</tr>
<tr>
<td>1430 High Street, Malvern, 3144</td>
<td>Full café menu is available through UberEATS and Deliveroo, while house-branded groceries, take-home meals and other products are available for home delivery through the online store.</td>
<td>8am - 4pm (closes 10pm Thursdays) 9am - 2pm Sundays</td>
<td>Free delivery for Malvern area</td>
</tr>
<tr>
<td>9972 8329</td>
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<tr>
<td>streetorganics.com/melbourne</td>
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<tr>
<td><strong>Queen Victoria Market</strong></td>
<td>Queen Victoria Market - fresh produce</td>
<td>Tue, Thu, Fri, Sat</td>
<td>Free entry</td>
</tr>
<tr>
<td>Corner of Victoria Street and Elizabeth Street, Melbourne, 3000</td>
<td>Melbourne's largest market and historic landmark, where you can shop for everything from Australian fruit and vegetables, and local and imported gourmet foods, to cosmetics, clothing and souvenirs.</td>
<td>6am - 2pm Mondays and Wednesdays 6am - 5pm Thursdays 6am - 3pm Saturdays 9am - 4pm Sundays</td>
<td>Check website for public holiday closures</td>
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<td>9320 5822</td>
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<td>qvm.com.au</td>
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GREATER MELBOURNE

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| **Melbourne Farmers Market**  
University of Melbourne, Parkville, 3010  
9419 0826  
info@mfm.com.au or marketing@mfm.com.au  
mfm.com.au  
Contact: MFM office | Farmers’ Market at the University of Melbourne | Wed  
10.30am - 2.30pm  
Every Wednesday during semester | Free entry |
| **Melbourne University Food Co-op**  
University of Melbourne, Parkville, 3010  
9347 8716  
yourfoodcoop@gmail.com | University of Melbourne food co-op  
The co-op sells lunch and seasonal, fresh, local produce at affordable prices. Member run. | Wed, Thu, Fri  
10am - 3pm | Low cost |
| **Asylum Seeker Resource Centre (ASRC)**  
Melbourne CBD, Northcote, Footscray  
9326 6066  
foodjusticetruck@asrc.org.au  
asrc.org.au | Food justice truck  
Mobile fresh food market for people seeking asylum in Victoria by offering locally sourced produce, grains, legumes, tea and bread at a 60 per cent discount. Also welcomes general public shoppers who pay local market rates. | Wed and Fri  
Melbourne CBD:  
11.30am - 2pm Wednesdays  
Northcote:  
11.30am - 1.30pm Fridays  
Footscray:  
3pm - 5pm Fridays | Low cost market prices  
Refugees and asylum seekers get 60 per cent discount |
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<th>WHO</th>
<th>WHAT</th>
<th>WHEN</th>
<th>COST AND CONDITIONS</th>
</tr>
</thead>
</table>
| **Prahran Market**  
163 Commercial Road, South Yarra, 3141  
8290 8220  
stefanie.mullin@prahranmarket.com.au  
prahranmarket.com.au  
Contact: Stefanie Mullin | **Prahran Market**  
Selling high quality fruit and veg, a wide range of certified organic produce, sustainable seafood, free range meat, poultry and more. | **Tue, Thu, Fri, Sat**  
7am - 5pm  
10am - 3pm Sundays  
Check website for public holiday closures | Free entry |
| **City of Yarra**  
Gleadell Street, Richmond, 3121  
9205 5555  
info@yarracity.vic.gov.au  
yarracity.vic.gov.au  
Contact: Compliance Administration Team | **Gleadell Street Market**  
Every Saturday Gleadell St is closed to traffic and becomes a farmer’s market selling seasonal fruits and vegetables, fresh bread, herbs, flowers and gourmet delights. | **Sat**  
7am - 1pm  
Closed on Easter Saturday, ANZAC day (if falling on a Saturday) and for a 1-2 weeks over the Christmas/New Year period | Free entry |
| **South Melbourne Market**  
Corner of Coventry Street and Cecil Street, South Melbourne, 3205  
9209 6295  
smm@portphilip.vic.gov.au  
southmelbournemarket.com.au  
Contact: Meg Dallalana | **South Melbourne Market**  
A quintessential village market, a place where people come not only to purchase fresh local food, but to meet, eat, drink, shop, discover, share and connect. | **Wed, Fri, Sat, Sun**  
8am - 4pm (closes 5pm Fridays) | Free entry |
| **Veg Out Community Gardens St Kilda Inc.**  
Corner of Shakespeare Grove and Chaucer Street  
St Kilda, 3182  
hello@vegout.org.au  
vegout.org.au  
Contact: Hugh or Sally | **Veg Out St Kilda Farmers’ Market**  
Directly supporting primary producers from around the state, selling both certified organic and conventional produce. | **Sat**  
7.30am - 1pm  
First Saturday each month | Free entry |
City of Melbourne’s meals service

Do you or someone you know need help preparing meals at home? Older people or younger people with disabilities in the municipality may be eligible to access City of Melbourne’s home delivered meal service. The service can cater for specific dietary needs and assistance with meal preparation is also available.

**When:** Meals delivered five days a week and weekend meals can be delivered on Fridays.

**Cost:** Average cost for a three course meal is $7.50 for eligible clients.

**Who:** Clients need to be eligible for either the Home and Community Care Program for Younger People (HACC PYP) or the Community Home Support Program (CHSP). Available for people who are unable to prepare meals at home.

For more information, contact City of Melbourne on (03) 9658 9542 or visit the City of Melbourne website melbourne.vic.gov.au

City of Melbourne community transport program: support with grocery shopping

If you or someone you know has difficulty using public transport because of frailty, disability or isolation, the City of Melbourne’s community transport program is available. It’s a pre-booked service for shopping trips and is available within City of Melbourne municipal boundaries. Local shopping destinations include Queen Victoria Market, Footscray Market, Prahran Market, Barkley Square and ALDI.

You must be a resident to access this service and meet eligibility. Fees apply. For more information, contact City of Melbourne on (03) 9658 9542 or visit the City of Melbourne website.
FOOD RESCUE

How do you donate Food?
If you’d like to donate food, please contact the services directly to find out their specific donation requirements.
There are also larger organisations that collect surplus food for human consumption. The following is a list of collectors that provide this service within the City of Melbourne.
<table>
<thead>
<tr>
<th>WHO</th>
<th>WHAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>FareShare</td>
<td>FareShare is a not-for-profit organisation that rescues food to fight hunger. It collects quality food that would otherwise be wasted from Melbourne businesses such as food wholesalers, retailers and caterers. Volunteers in FareShare’s kitchen use this food to prepare healthy, nutritious meals that they distribute to over 100 charities providing emergency food relief for the hungry and for people experiencing homelessness.</td>
</tr>
<tr>
<td>Foodbank Victoria</td>
<td>Foodbank collects and accepts food donations from anyone in the supply chain that is fit for human consumption. This includes products that for one reason or another can’t enter the retail chain. They receive a variety of stock, including top quality, end-of-line, mislabelled and overrun stock.</td>
</tr>
<tr>
<td>OZ Harvest Melbourne</td>
<td>OzHarvest is the leading food rescue organisation in Australia, collecting quality excess food from commercial outlets and delivering it direct to more than 900 charities who support people in need across Australia.</td>
</tr>
<tr>
<td>Second Bite</td>
<td>SecondBite breaks down barriers to people’s access of healthy food by working with more than 1200 community food programs across Australia to redistribute rescued food to those who need it most.</td>
</tr>
</tbody>
</table>
Food safety and how you can provide free food in the City of Melbourne

If you offer a program or service that donates or provides free food to the community, you must contact City of Melbourne’s Health and Wellbeing branch on (03) 9658 9658 to discuss your food safety requirements with one of our Environmental Health Officers.
How to contact us

Online:
melbourne.vic.gov.au

In person:
Melbourne Town Hall - Administration Building
120 Swanston Street, Melbourne
7.30am to 5pm, Monday to Friday
(Public holidays excluded)

Telephone:
03 9658 9658
7.30am to 6pm, Monday to Friday
(Public holidays excluded)

Fax:
03 9654 4854

In writing:
City of Melbourne
GPO Box 1603
Melbourne VIC 3001
Australia

Interpreter services
We cater for people of all backgrounds
Please call 03 9280 0726

03 9280 0716  ΑΜΕΡΙΚΗ
03 9280 0717  廣東話
03 9280 0718  Ελληνικά
03 9280 0719  Bahasa Indonesia
03 9280 0720  Italiano
03 9280 0721  国语
03 9280 0722  Soomaali
03 9280 0723  Español
03 9280 0724  Türkçe
03 9280 0725  Việt Ngữ
03 9280 0726  All other languages

National Relay Service:
If you are deaf, hearing impaired or speech-impaired,
call us via the National Relay Service: Teletypewriter (TTY)
users phone 1300 555 727 then ask for 03 9658 9658
9am to 5pm, Monday to Friday (Public holidays excluded)