

KEY HEALTH AND WELLBEING ISSUES FOR THE CITY OF MELBOURNE IN 2020

Areas that are not tracking well, or are expected to be exacerbated by COVID-19 or climate change form the key health and wellbeing issues for the Melbourne municipality for consideration in the Municipal Public Health and Wellbeing Plan 2021-25.



Child and Adolescent Health and Wellbeing

- Kindergarten participation
- Immunisation rates
- Adolescent mental health



Adults Health and Wellbeing

- Mental health
- Chronic diseases (overweight/obesity, hypertension, type 2 diabetes and asthma)
- Sexual health
- Infectious diseases



Older Adults Health and Wellbeing

- Digital literacy
- Dementia
- Social isolation and loneliness
- Elder abuse



Lifestyle and Behaviour Issues

- Alcohol, tobacco and other drug related harms
- Unhealthy diet
- Physical inactivity
- Gambling
- Delayed preventative screening tests



Social, Cultural and Economic Conditions

- Perceptions of safety
- Family violence
- Social cohesion (racism, feeling part of the community, community engagement)
- Digital divide
- Unemployment
- Food insecurity
- Housing stress
- People sleeping rough and homelessness



Built and Natural Environment

- Active transport
- Health impacts of climate change (climate anxiety, heatwaves, flooding and storm events, air quality and thunderstorm asthma, food system resilience and water management)
- Health impacts of urban densification (noise, overcrowded and high density housing)