

CITY OF MELBOURNE HEALTH AND WELLBEING PROFILE 2020 - INDICATOR SUMMARY

The following provides a summary of the indicators from the City of Melbourne Health and Wellbeing Profile 2020, and whether the data is tracking well, or not tracking well over time or in comparison with Victorian data.

The following symbols have been used to indicate if it is an Areas to Watch due to COVID-19* or Climate Change^.

AREAS TRACKING WELL	AREAS NOT TRACKING WELL
Child and Adolescent Health and Wellbeing	Child and Adolescent Health and Wellbeing
<ul style="list-style-type: none"> • Smoking during pregnancy • Birthweight • Breastfeeding • Maternal and Child Health consultations • Developmental vulnerability 	<ul style="list-style-type: none"> • Kindergarten participation • Immunisation rates • Adolescent mental health*
Adult Health and Wellbeing	Adult Health and Wellbeing
<ul style="list-style-type: none"> • Life expectancy • Self-reported health • Dental health • Anxiety and depression*^ • Suicide rate*^ 	<ul style="list-style-type: none"> • Subjective wellbeing*^ • Chronic diseases*^ • Sexual health • Infectious diseases*^ • Psychological distress*^ • Sought help for a mental health issue
Older Adult Health and Wellbeing	Older Adult Health and Wellbeing
<ul style="list-style-type: none"> • Need for assistance • Volunteering • Internet access and digital literacy* 	<ul style="list-style-type: none"> • Chronic disease (dementia) • Loneliness and social isolation* • Elder abuse*
Lifestyle and Behaviour	Lifestyle and Behaviour
<ul style="list-style-type: none"> • Smoking 	<ul style="list-style-type: none"> • Alcohol and drug related harm* • Gambling* • Healthy eating • Physical inactivity* • Sedentary lifestyle* • Preventative screening tests*
Social, Cultural and Economic Conditions	Social, Cultural and Economic Conditions
<ul style="list-style-type: none"> • Tolerance of diversity* • Internet access and digital literacy* • Crime rates 	<ul style="list-style-type: none"> • Unemployment* • Income inequality and poverty* • Food security*^ • Housing stress* • People sleeping rough and people who are homeless*^ • Perceptions of safety • Violence against women* • Family violence* • Feeling part of the community* • Community engagement and participation*
Built and Natural Environment	Built and Natural Environment
<ul style="list-style-type: none"> • Public open space^ • Active transport**^ • Vehicle ownership • Heat waves and extreme heat^ • Tree canopy cover^ • Flooding and storm events^ • Drought and reduced rainfall^ • Air quality^ • Thunderstorm asthma^ • Greenhouse gas emissions^ • Integrated water management^ • Food system resilience^ 	<ul style="list-style-type: none"> • Noise* • Overcrowding in rooming houses*

KEY HEALTH AND WELLBEING ISSUES FOR THE CITY OF MELBOURNE IN 2020

Areas that are not tracking well, or are expected to be exacerbated by COVID-19 or climate change form the key health and wellbeing issues for the Melbourne municipality for consideration in the Municipal Public Health and Wellbeing Plan 2021-25.



Child and Adolescent Health and Wellbeing

- Kindergarten participation
- Immunisation rates
- Adolescent mental health



Adults Health and Wellbeing

- Mental health
- Chronic diseases (overweight/obesity, hypertension, type 2 diabetes and asthma)
- Sexual health
- Infectious diseases



Older Adults Health and Wellbeing

- Digital literacy
- Dementia
- Social isolation and loneliness
- Elder abuse



Lifestyle and Behaviour Issues

- Alcohol, tobacco and other drug related harms
- Unhealthy diet
- Physical inactivity
- Gambling
- Delayed preventative screening tests



Social, Cultural and Economic Conditions

- Perceptions of safety
- Family violence
- Social cohesion (racism, feeling part of the community, community engagement)
- Digital divide
- Unemployment
- Food insecurity
- Housing stress
- People sleeping rough and homelessness



Built and Natural Environment

- Active transport
- Health impacts of climate change (climate anxiety, heatwaves, flooding and storm events, air quality and thunderstorm asthma, food system resilience and water management)
- Health impacts of urban densification (noise, overcrowded and high density housing)