

# Environmentally Friendly Parenting

## Community Food Guides

Go to [City of Melbourne Community Food Guide](https://www.melbourne.vic.gov.au/community/health-support-services/health-services/Pages/community-food-guide.aspx)[[1]](#footnote-1)

[Subscribe to the Green Leaflet Newsletter](https://confirmsubscription.com/h/j/0AE7F08F56FE3C19)[[2]](#footnote-2)

Go to the [Sustainable Table Seasonal Produce Guide](https://sustainabletable.org.au/all-things-ethical-eating/seasonal-produce-guide/)[[3]](#footnote-3)

Go to [Sustainability Victoria Shop sustainably webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/shop-sustainably)[[4]](#footnote-4)

Go to City of Melbourne in partnership with Sustainable Table [We Need to Talk About Food resource (PDF 4.5MB)](https://www.melbourne.vic.gov.au/sitecollectiondocuments/we-need-to-talk-about-food.pdf)[[5]](#footnote-5)

## Gardens and Green Spaces

Go to City of Melbourne [Become a Citizen Forester webpage](https://www.melbourne.vic.gov.au/community/greening-the-city/urban-forest/Pages/become-a-citizen-forester.aspx)[[6]](#footnote-6)

Go to City of Melbourne [Greening the City webpage](https://www.melbourne.vic.gov.au/community/greening-the-city/Pages/greening-the-city.aspx)[[7]](#footnote-7)

Go to City of Melbourne [Street Garden Guidelines](https://www.melbourne.vic.gov.au/residents/home-neighbourhood/gardens-and-green-spaces/Pages/street-garden-guidelines.aspx)[[8]](#footnote-8)

Go to [Sustainable Gardening in the City of Melbourne booklet (PDF 2.6MB)](https://www.melbourne.vic.gov.au/SiteCollectionDocuments/sustainable-gardening-booklet.pdf)[[9]](#footnote-9)

Go to [City of Melbourne Urban Nature Planting Guide](https://www.melbourne.vic.gov.au/community/greening-the-city/urban-nature/Pages/urban-nature-planting-guide.aspx)[[10]](#footnote-10)

Go to [City of Melbourne Walking Maps app](https://sustainability-walking-maps.netlify.app/)[[11]](#footnote-11)

## Programs and Activities

Go to [City of Melbourne Gardens for Wildlife webpage](https://www.melbourne.vic.gov.au/community/greening-the-city/urban-nature/gardens-wildlife/Pages/gardens-for-wildlife.aspx)[[12]](#footnote-12)

Go to [Transition Australia Melbourne Minimalist Meetup webpage](https://transitionaustralia.net/group/melbourne-minimalist-meetup-mmm/)[[13]](#footnote-13)

Go to [City of Melbourne Urban nature awareness and education webpage](https://www.melbourne.vic.gov.au/community/greening-the-city/urban-nature/Pages/awareness-education.aspx)[[14]](#footnote-14)

Go to [Raising Children Network Nature walk: play ideas for children video](https://raisingchildren.net.au/school-age/videos/nature-walk-play-ideas)[[15]](#footnote-15)

Go to [Raising Children Network Outdoor play webpage](https://raisingchildren.net.au/toddlers/play-learning/outdoor-play/outdoor-play)[[16]](#footnote-16)

Go to [City of Melbourne Parenting Services Online and Outdoor Program (PDF 852 KB)](https://www.melbourne.vic.gov.au/SiteCollectionDocuments/parenting-services-online-and-outdoor-program.pdf)[[17]](#footnote-17)

Go to [City of Melbourne Parenting Services Outdoor Play Program (PDF 1,399KB)](https://www.melbourne.vic.gov.au/SiteCollectionDocuments/parenting-services-outdoor-play-program-2022.pdf)[[18]](#footnote-18)

Go to [City of Melbourne Park Rangers and Education Programs webpage](https://www.melbourne.vic.gov.au/community/parks-open-spaces/park-rangers-education/Pages/park-rangers.aspx)[[19]](#footnote-19)

Go to [City of Melbourne webpage The Little Things that Run the City webpage](https://www.melbourne.vic.gov.au/community/greening-the-city/urban-nature/Pages/little-things-that-run-the-city.aspx)[[20]](#footnote-20)

## Resource Sharing and Libraries

Go to [City of Melbourne Libraries webpage](https://www.melbourne.vic.gov.au/community/libraries/Pages/libraries.aspx)[[21]](#footnote-21)

Go to [Streetbank Share things with your neighbours webpage](https://www.streetbank.com/splash?locale=en)[[22]](#footnote-22)

Go to [How to Join Melbourne Community Toy Library webpage](http://www.melbournecommunitytoylibrary.org.au/how-to-join.html)[[23]](#footnote-23)

## Waste and Recycling

Go to [Compost Revolution City of Melbourne webpage](https://compostrevolution.com.au/melbourne/)[[24]](#footnote-24)

Go to [City of Melbourne Community gardens, street gardens and compost hubs webpage](https://www.melbourne.vic.gov.au/residents/home-neighbourhood/gardens-and-green-spaces/Pages/community-gardens-compost-hubs.aspx)[[25]](#footnote-25)

Go to [Sustainability Victoria Eco-friendlier alternatives to disposable nappies webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/minimise-single-use-items/disposable-nappies)[[26]](#footnote-26)

Go to [City of Melbourne Food and Garden Organics Service webpage](https://www.melbourne.vic.gov.au/residents/waste-recycling/Pages/food-garden-waste.aspx)[[27]](#footnote-27)

Go to [City of Melbourne Garden waste webpage](https://www.melbourne.vic.gov.au/residents/waste-recycling/Pages/garden-waste.aspx)[[28]](#footnote-28)

Go to [City of Melbourne Home Composting webpage](https://www.melbourne.vic.gov.au/residents/sustainability-at-home/Pages/home-composting.aspx)[[29]](#footnote-29)

Go to [Sustainability Victoria Avoid food waste at home webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/food-waste)[[30]](#footnote-30)

Go to [Sustainability Victoria make it easy to remember your reusable bags webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/minimise-single-use-items/bags)[[31]](#footnote-31)

Go to [Sustainability Victoria minimise your e-waste webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/recycling-at-home/e-waste/minimise-your-e-waste)[[32]](#footnote-32)

For nappy recycling go to [Diaper Recycle](https://diaperrecycle.com/)[[33]](#footnote-33)

Go to [Sustainability Victoria reduce packaging webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/shop-sustainably/reduce-packaging)[[34]](#footnote-34)

Go to [Redcycle what to REDcycle](https://redcycle.net.au/what-to-redcycle/)[[35]](#footnote-35) for soft plastic recycling

Go to [City of Melbourne Waste and Recycling webpage](https://www.melbourne.vic.gov.au/residents/waste-recycling/Pages/waste-recycling.aspx)[[36]](#footnote-36)

Go to [Sustainability Victoria avoid waste at home webpage](https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste)[[37]](#footnote-37)

Go to [City of Melbourne waste reduction webpage](https://www.melbourne.vic.gov.au/about-melbourne/sustainability/Pages/waste-reduction.aspx)[[38]](#footnote-38)

## Sustainability at Home

Go to [City of Melbourne Saving Energy at Home webpage](https://www.melbourne.vic.gov.au/residents/sustainability-at-home/Pages/saving-energy-at-home.aspx)[[39]](#footnote-39)

Saving water at home go to [City of Melbourne Urban Water webpage](https://urbanwater.melbourne.vic.gov.au/home/what-can-you-do/?_ga=2.149109750.1793919570.1653623790-971510758.1646885930)[[40]](#footnote-40)

1. https://www.melbourne.vic.gov.au/community/health-support-services/health-services/Pages/community-food-guide.aspx [↑](#footnote-ref-1)
2. https://confirmsubscription.com/h/j/0AE7F08F56FE3C19 [↑](#footnote-ref-2)
3. https://sustainabletable.org.au/all-things-ethical-eating/seasonal-produce-guide/ [↑](#footnote-ref-3)
4. https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/shop-sustainably [↑](#footnote-ref-4)
5. https://www.melbourne.vic.gov.au/sitecollectiondocuments/we-need-to-talk-about-food.pdf [↑](#footnote-ref-5)
6. https://www.melbourne.vic.gov.au/community/greening-the-city/urban-forest/Pages/become-a-citizen-forester.aspx [↑](#footnote-ref-6)
7. https://www.melbourne.vic.gov.au/community/greening-the-city/Pages/greening-the-city.aspx [↑](#footnote-ref-7)
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15. https://raisingchildren.net.au/school-age/videos/nature-walk-play-ideas [↑](#footnote-ref-15)
16. https://raisingchildren.net.au/toddlers/play-learning/outdoor-play/outdoor-play [↑](#footnote-ref-16)
17. https://www.melbourne.vic.gov.au/SiteCollectionDocuments/parenting-services-online-and-outdoor-program.pdf [↑](#footnote-ref-17)
18. https://www.melbourne.vic.gov.au/SiteCollectionDocuments/parenting-services-outdoor-play-program-2022.pdf [↑](#footnote-ref-18)
19. https://www.melbourne.vic.gov.au/community/parks-open-spaces/park-rangers-education/Pages/park-rangers.aspx [↑](#footnote-ref-19)
20. https://www.melbourne.vic.gov.au/community/greening-the-city/urban-nature/Pages/little-things-that-run-the-city.aspx [↑](#footnote-ref-20)
21. https://www.melbourne.vic.gov.au/community/libraries/Pages/libraries.aspx [↑](#footnote-ref-21)
22. https://www.streetbank.com/splash?locale=en [↑](#footnote-ref-22)
23. http://www.melbournecommunitytoylibrary.org.au/how-to-join.html [↑](#footnote-ref-23)
24. https://compostrevolution.com.au/melbourne/ [↑](#footnote-ref-24)
25. https://www.melbourne.vic.gov.au/residents/home-neighbourhood/gardens-and-green-spaces/Pages/community-gardens-compost-hubs.aspx [↑](#footnote-ref-25)
26. https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/minimise-single-use-items/disposable-nappies [↑](#footnote-ref-26)
27. https://www.melbourne.vic.gov.au/residents/waste-recycling/Pages/food-garden-waste.aspx [↑](#footnote-ref-27)
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31. https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste/minimise-single-use-items/bags [↑](#footnote-ref-31)
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36. https://www.melbourne.vic.gov.au/residents/waste-recycling/Pages/waste-recycling.aspx [↑](#footnote-ref-36)
37. https://www.sustainability.vic.gov.au/recycling-and-reducing-waste/at-home/avoid-waste [↑](#footnote-ref-37)
38. https://www.melbourne.vic.gov.au/about-melbourne/sustainability/Pages/waste-reduction.aspx [↑](#footnote-ref-38)
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